

*Blue
and White*



1963





Blue and White



Dedication

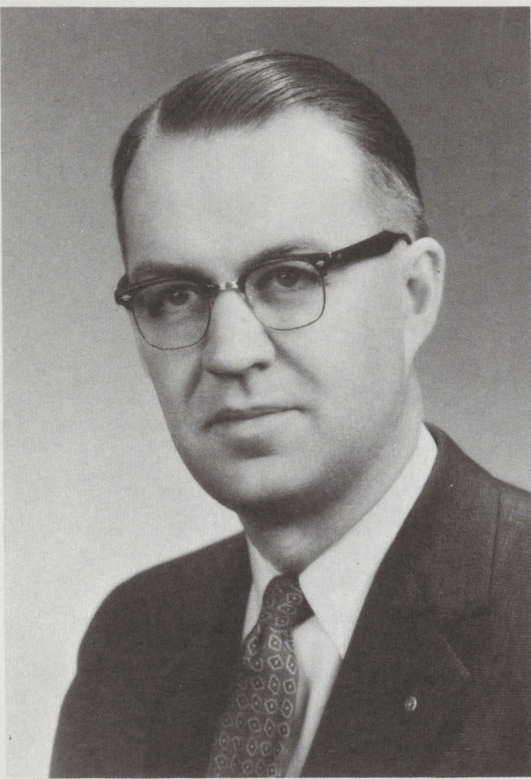
Thank you, Mom and Dad, for your encouragement when the way seemed rough and steep, and for giving us the opportunity to be independent, yet accepting and welcoming our dependence. Thank you for your never-failing faith and guidance, that helped to make your daughter a nurse. To you this Yearbook is gratefully dedicated.

B. Graham — '63B

Florence Nightingale Pledge

I solemnly pledge myself before God and in the presence of this assembly to pass my life in purity and to practice my profession faithfully.

I will abstain from whatever is deleterious and mischievous and will not take or knowingly administer any harmful drug. I will do all in my power to maintain and elevate the standard of my profession, and hold in confidence all personal matters committed to my keeping and all family affairs coming to my knowledge in the practice of my calling. With loyalty will I endeavor to aid the physician in his work, and devote myself to the welfare of those committed to my care.



Dear Graduates of '63

Each year, after your Yearbook representative calls, I begin a search for a sentence or a thought, to serve as a text for this message.

This year it comes from a long way back, but it is just as pertinent now as it was in the legendary

past. On sending his son off to the Olympic Games, the father of Achilles admonished him "to strive always for excellence and to surpass all others."

While nursing is not a competitive affair, it calls for excellence at every moment of its application — as an art and as a science. For every patient, each action and relationship is a matter of importance because it has bearing on the outcome of his incapacity. Practically, it is not always possible to know which of the many activities of a nurse are effective or important. But we know that in dealing with the very complex human being, every interaction has its effect.

The very nature of nursing requires that each nursing activity for every patient has the mark of excellence — not good or adequate or sufficient, but excellence. The understanding and acceptance of this standard means the finest service for the patient and the ultimate satisfaction for the nurse. It costs very little more for the nurse, and it promises much more for nursing.

Think on this simple admonition, and you may expect a fine career in nursing.

My best wishes,

L.O. Bradley, M.D.

To The
Class of 1963

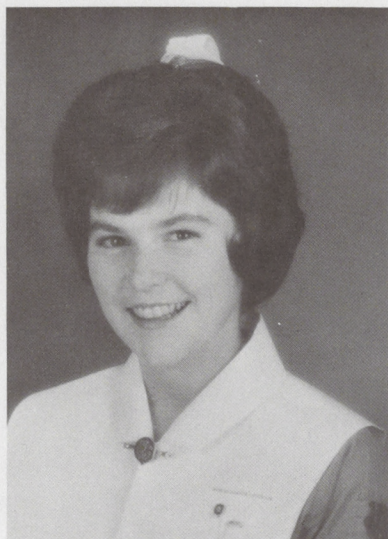


My very best wishes, to each and every one of you, for happiness in the future.

Yours sincerely,

Margaret E. Cameron

President's Message



These have been wonderful years for all of us.

At times we forget how fortunate we are in having a student organization. My thanks go out to all of you who have worked with and supported us and thereby increased the benefit of the Student Council for each of us.

Our sincere thanks and gratitude go to Miss M.E. Cameron, our Director of Nursing, and Mrs. A. Price, our Recreational Supervisor for their constant interest and guidance.

As always, there are those of us who are leaving and those who will be continuing at W.G.H. Good luck and best wishes to all.

ELIZABETH PETERSON

PRESIDENT
1ST VICE PRESIDENT
2ND VICE PRESIDENT
3RD VICE PRESIDENT
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SECRETARY
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S. LUNDSTROM
D. PALMER
B. BALDERSTONE
C. MILNE
D. POSNER
M. BADGER 63A
D. STOREY 63B
C. WORBOYS 64A
S. NIELSEN 64B
J. MC LARTY 65

Editor's Message

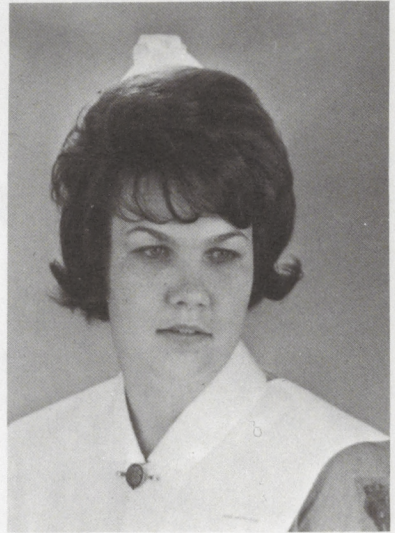
May this book within its covers hold memories of the friendships made in our past three years. Those of us who are leaving this School of Nursing will always carry with us thoughts of happiness and sadness. We wish to those of you remaining, much success and happiness in the future.

At this time I would like to thank all of those who have made this yearbook possible. I would like to thank Miss Cameron, our instructors, and all those who have given us the guidance necessary to complete three years of basic nursing education.

"We live in deeds not years, in thoughts
not breaths,
In feelings, not in figures on a dial.
We should count time by heart throbs,
He most lives who thinks most, feels
the noblest, acts the best."

Philip James Bailey

ANITA PELE



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Student Council 1963



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 THIRD ROW: M. Badger, S. Nielson, D. Posner, E. Snodgrass.


Yearbook Staff 1963



FRONT ROW: D. Storey, M. Badger, A. Pele, G. Orchard, D. Posner.
 BACK ROW: P. Brown, C. Milne, L. Sloan, J. Taylor, J. Wilson, G. Saunders, L. Lindsay.

Graduating Class

1963



It is always a pleasant honor for doctors to participate in the activities of the sister profession of nursing. To contribute to this Yearbook is one such honor. Sometimes, not always, this function should be on a serious level as perhaps a message addressed to you of the senior class of our nursing school. No doubt as time hurries you to the customary annual ceremonies of graduation you feel some relief at the prospect beyond. You will find, however, that the past, no matter what difficulties and hard applications you have recently experienced, is always with you. You will often find occasion to recall your Alma Mater and look to the olden days with a thrill of appreciation.

Thus, as Sir William Osler once said to such as you, it cannot be imagined all of you reaching the plain of Forgetfulness and bathing in the water of its river without a thought for the journey just completed. Certainly there will remain affection for your teachers and classmates who have been your guides and travelling companions. Undoubtedly there should persist some tender thoughts for the medical students and residents met in the daily rounds, clothed in white samite, mystic and wonderful, often lean and pale and leaden-eyed after the night's work. Indeed it is hoped especially you may retain a fond memory of the older doctors. They always had their eyes on you even if you weren't aware of it.

In your professional training yours has been a vast experience for women so young. You have participated and assisted in the great progress medical science is making. Some of the innermost secrets of nature have been revealed and their meaning understood. In addition to being specialists in the technique of nursing, you have watched, as relatively few can do, the drama of humanity. You have beheld its disturbances and the trials and misfortunes of our friends. Equally so you have observed their restoration and new hopes and the beginnings of life. By training and instinct you have given comfort and support to many in your care who came to the hospital in pain or despair. You have come to recognize the foibles and weaknesses of your fellow humans. You have learned understanding and sympathy as well as the practical role of the nurse.

As you separate in all manner of directions, may you maintain your loyalty to your school and the best interests in one of the highest of callings. However difficult a problem be, if approached in the right spirit, the profession of nursing provides opportunity for the exercise of the best faculties of the mind. For those who do not for some reason pursue their profession their training, association and experiences will not be wasted. Such a background will find a valued place in the family and society.

Whatever be your choice in the life after graduation may you have much pleasure and success with it. It should be so. You have become important people.

K.R. Trueman, M.D.



Valedictorian's Message

Three short years have passed so quickly since we first walked through the doors of the School of Nursing, and yet we can hardly remember when we weren't a part of the Winnipeg General Hospital. On behalf of the graduating class of 1963 A and B, I would like to express our profound thanks to Miss Cameron and her Faculty, for having taught us with patience and understanding the knowledge that we require to attain the high goals and ideals set for us.

To members of the graduating class I say that our friendships have left us a wealth of memories; memories that we shall cherish always.

Keeping in mind that we have our School and ourselves to honor, may we give only our best to whatever the future holds for us.

Respectfully submitted,
Linda G. Judd

The Winnipeg General Hospital
School of Nursing

The Board of Trustees hereby certifies
Class of 1963 has
that _____ completed a three year diploma program in nursing
education and is qualified to practise as a Professional Nurse



A. Johnston
President Board of Trustees

Lo Bradley
Administrator

Margaret E. Cameron
Director of Nursing

The Graduating Class

Class of 1963 A



LORRAINE ARMSTRONG

This friendly outgoing girl is not afraid to speak her mind. A conscientious nurse and an enthusiastic personality makes her well liked by all her co-workers. Future thoughts lie in the field of matrimony.

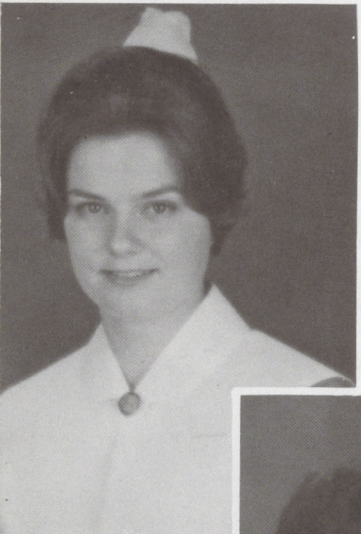
"For we that live to please,
Must please to live."



LYNNE ASHCROFT MC KIBBIN

This cheerful lass is full of vim, vigor and vitality. Always on the go, accomplishing many things for the class. Lynn is also one of our young marrieds."

"The busy bee has no time for sorrow."



MARTHA BADGER

Muu Muu anyone? With sparkling eyes and a pretty smile, Marty is a capable leader and well liked by all. A strong supporter of sports, she is always bubbling with endless energy.

"Nothing is impossible to a willing heart."



LESLEY BARBER

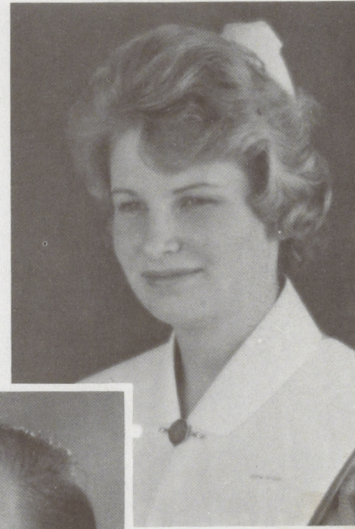
A gay personality with one of the most infectious giggles on the first floor. When she is around, Les is sleeping, waiting for her buzzer, and always ready for a good time.

"Outward sunshine,
Inward joy."

NANCY DOCKER BEUERLE

Good luck to our girl with such a sunny smile. Nancy adds warmth wherever she is. The first girl in class to be married - we wish her all the best.

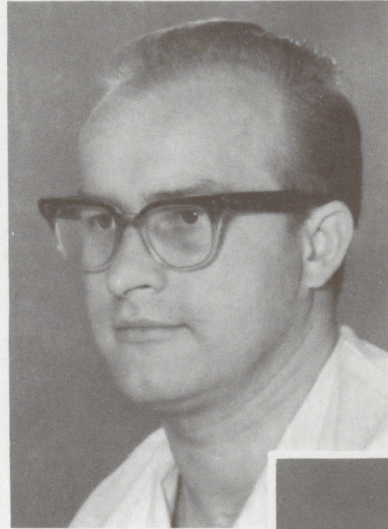
"The way to be happy
Is to make others so."



FRIEDRICH BEUERLE

The class of 1963's only male student, his cheerful personality and willingness to help, have made Fred a friend to all.

"With malice towards none, with charity for all,
with firmness in the right."



CATHERINE BISSETT

This jovial brown-eyed redhead is 63 A's social representative. Known for her infectious giggle and original hairdos Cathy is a lover of parties and staunch supporter of music.

"Thought is deeper than all speech,
feeling deeper than all thought."



GAIL CRAWFORD

An attractive little bundle of energy, Gail is always willing to help with school activities. She is envied for her meticulous appearance in and out of uniform.

"Gaze into her eyes and you see an angel
Look a little longer and you see an imp."





MARCIA DAVID

This energetic Miss believes in the Doctor-Nurse relationship, and can often be found among her many souvenirs. Always on the go, Marcia is never without an amusing quip to tell.

"She is alive in every limb
With feeling to the fingertips."



SHARLEEN DEBOW

A petite brunette always neat as a pin. Shar is frequently seen answering her many buzzes or coming and going from the residence. She is lucky to have a very attentive "Big Sister."

"How far that little candle throws its beams."



MARGARET DUNDAS

Peggy greets you with a friendly smile and a helping hand. A thinking girl with a deep knowledge of human nature used to help her friends at every turn.

"It's the human touch that counts in the world."



THELMA FRYER

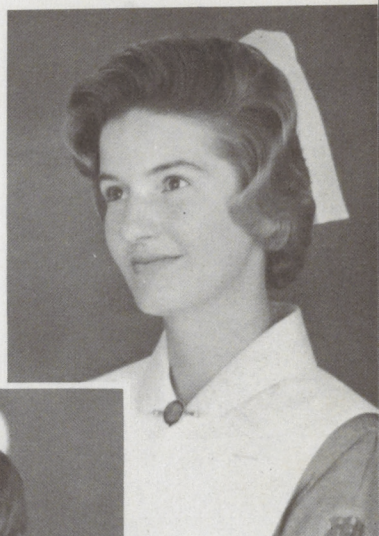
Quiet and unpredictable, Thelma hides a wealth of wit and personality. She may frequently be found in deep discussion into the wee small hours.

"Look into the eyes of trouble with a smile,
Extend your hand and do not be afraid."

ELIZABETH GUILD

Everyone loves a happy girl, and that's Liz. She enjoys a good cup of tea, a homemade treat and a trip to the lake. Her lovely diamond indicates the reason for frequent nights out.

"How can I paint thee as thou art,
So fair in face, so warm in heart?"



MARILYN GYLES

This vivacious dark-haired lass, with her keen sense of humor is the envy of us all. Mar is conscientious, capable and an asset to the nursing profession. Those a.m., a.c. and h.s. phone calls will soon lead to wedding bells.

"Here is the laughter and the smile
That makes this life so much worthwhile."



SHARON HOMENICK

Our petite, trim Sharon bounces out of residence to her busy social life at every opportunity. This girl carries with her a heart of gold and radiates constant cheerfulness.

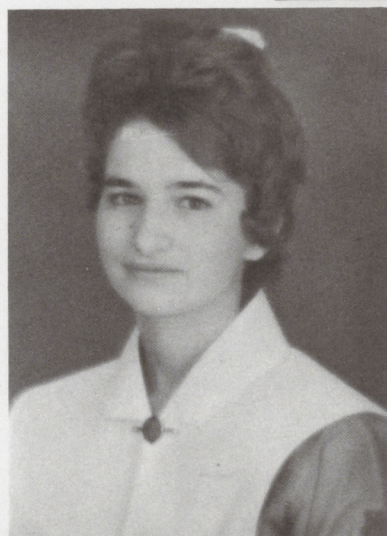
"It is the property of a generous and noble mind,
To aid and to do to others."



AUDREY HOOPER

An excellent seamstress with a smile for all, Audrey came to us from '62 after contracting the "Mono" bug. Best of luck in the future.

"Virtue dwells not in the tongue,
But in the heart."





KATHLEEN HURREN

How could we survive without the charming smile and gay laughter of Kathy in our midst? A hard worker, she loves to "rest" when she is through work for the day. Success will walk with her from "63" on.

"I will arise with firmness and conviction
And wend my way through vales of life's unknown."



EVELYN ISAAC

Our blonde bombshell is lots of fun. Her laughter echoes from one end of the hall to the other. The proud co-owner of a Volks, Ev has many outside interests.

"A laugh is worth a thousand groans in any market."



LINDA JURY

She is a lasting friend, this girl at the end of the hall. Dark sincere eyes, a happy smile, a world of understanding. Linda's "May I borrow---?" will long be remembered.

"A reputation for good judgment, fair dealing and rectitude is itself a fortune."



ANN MEIGHEN

Our "Honeybun" hails from the Wheat City of Brandon and is an avid supporter of their hockey teams. Ann's infectious mirth and sincerity have made her everyone's friend.

"A lady with a lamp shall stand,
In the great history of the land,
A noble type of good heroic womanhood."

JESSIE MENDELMAN

Another of our staunch Albertans, Jessie is a good organizer. Often found in the lead spreading enthusiasm for class activities, she always has time for a thoughtful and an optimistic word.

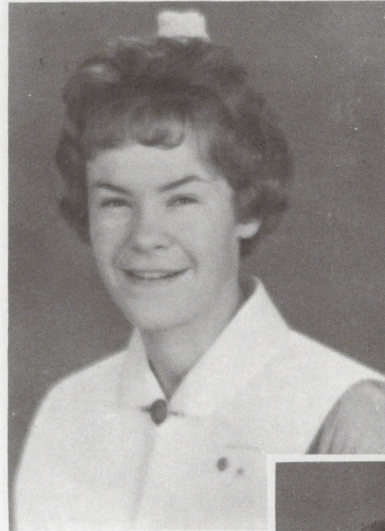
"Her clear brown eyes, kind and alert,
Gaze confidently at the world."



HELEN MILLER

Noted for her million dollar smile and laughter, Helen is usually found sleeping!!, working shift, or playing cards until all hours of the night.

"And of all things lust upon the earth,
I hold that a faithful friend is best."



ELIZABETH MURRAY

Betty is the envy of all for her neat curly hair and sparkling eyes. She is a shining example of the quote "Good things come in small packages."

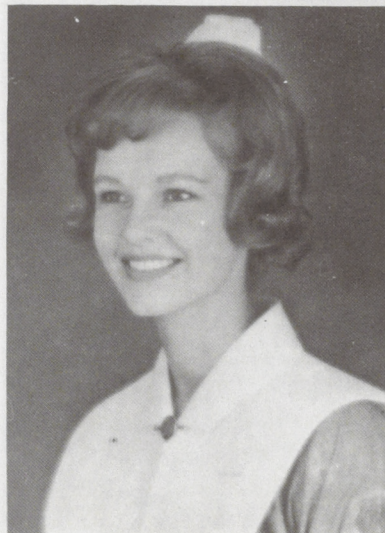
"Nothing great was ever achieved without enthusiasm."

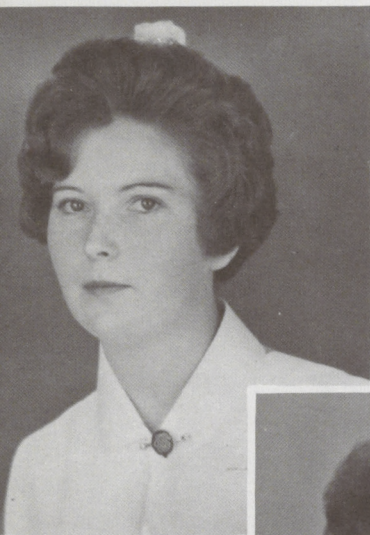


FAYE OLSON

Poise and charm combined with humor, is our Albertan, Faye. She is a deep thinker and philosopher, with a sympathetic ear and warm understanding - and really loves to sing.

"Glimmering up the heights beyond me -
On and always on."

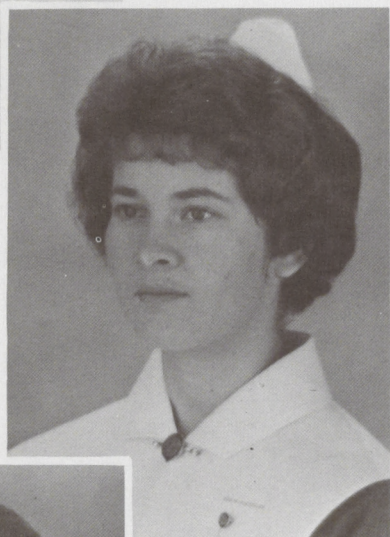




LOIS ROGERS

Sewing, playing the piano and the latest fad diet keep her very busy. Lucky enough to have a generous brother with a car. Lois can always find us a party.

"Pleasantness will take her far down the road of life."



MYRNA SCHINDLER

Here is a girl who is always ready an hour ahead of time. Myrna keeps a very neat room and when you can't find her, she is usually at Falcon Lake.

"Life is too short to waste."



LORRAINE SLOAN

Scotland's gift to 63A, an efficient nurse, scholar and active on Student Council. Lorraine's outgoing personality and enthusiasm for any task, large or small, will long be remembered by all.

"The reward of a thing well done is to have done it."



HELEN SLOTNIKOV

Helen is one of the members of our class talented on the piano, in singing and dancing. Plans for the future include a trip to Europe.

"She has no enemies, for sweet and sure are her ways."

LINDA WIEBE

Our blonde, blue-eyed classmate, with a seemingly quiet disposition, but more often a bundle of energy. How does she exist on so few hours of sleep?

"Variety's the spice of life
That gives it all its flavor."



CATHERINE WILKINSON

Dear Cathy, always warm and friendly, full of energy and overwhelming enthusiasm can be heard, "Come on you guys, Let's get organized!" A truly empathetic nurse and friend.

"The smile of love, the friendly tear,
The sympathetic glow."



WILLA YATES

Willa's philosophy of life is to live it to the full. Her eyes can twinkle with the enthusiasm and mischievousness of her many energetic ideas, yet glow with warmth and compassion for all.

"Indulging every instinct of the soul, there where law, life, impulse are one thing."



Class Advisor

"There is no duty we under-rate
so much as the duty of being happy."

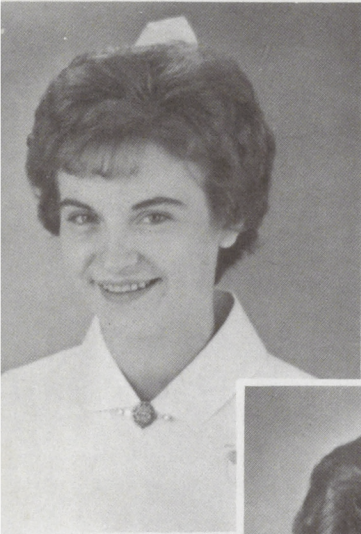
— R.L. Stevenson

Congratulations and good wishes for success and happiness, to each and every one of you, as you begin your professional life.

SYLVIA SIMO



Class of 1963 B



PAT ANDERSON

A serene, green-eyed blonde, well liked by all. Active in Student Council and sports, Pat is a girl who can succeed at anything she attempts.

"And still they gazed, and still the wonder grew,
that one small head could carry all she knew."



VALDYN ANDERSON

Short and sweet with a smile for everyone. An efficient, capable nurse. When the local rings you can bet it's for Val.

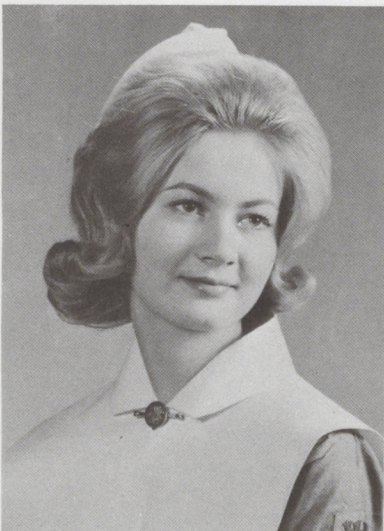
"Of manners gentle, of affections mild;
In wit a man, simplicity a child."



MARILYN BETTS

Our jovial inhabitant of Skid Row with a sparkling solitaire on her left hand. Her joyous laugh rings in the halls and kitchenette where she expounds on philosophy and politics.

"To those who know her not, no words can paint, and those who know her, know all words are faint."



KATHLEEN BISHOP

Although joining us late in our Intermediate year, this blue-eyed gal's warm personality and friendliness soon made her a part of us.

"As welcome as sunshine in every place,
Is the smiling approach of a good-natured face."

CONNIE BOYCHUK

A vivacious lass whose quick warm smile and friendly manner endears her to all. Connie is well known for her enthusiasm in trying something new. A thorough, competent nurse - she is assured of success.

"Enthusiasm is the genius of sincerity."



MOIRA BROADFOOT

A heart of gold has our Moira with plenty of brains, wit and personality. Noted for her spontaneous kitchenette chuckle and her affinity for an extra forty winks.

"Wisdom is knowing what to do,
Skill is knowing how to do it,
Virtue is doing it."



PAT BROWN

A sincere friend and kind, thoughtful nurse is our Pat. She is well known as our faithful postermaker and for her curl of blonde hair. We wish her happiness and success.

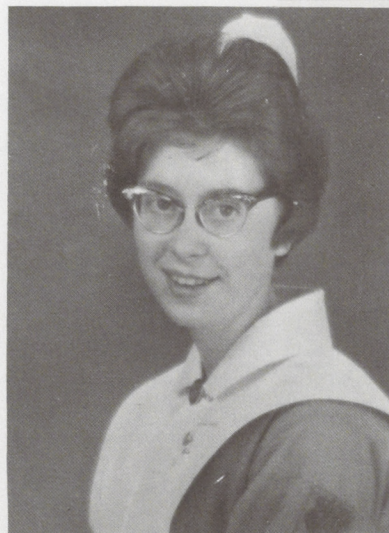
"Whose armour is her honest thought
And simple truth her utmost skill."



BARBARA BROWNLEE

Barb is our Irish lass with the traditional auburn hair and the leprechauns in her eyes. We will all remember her as a loyal friend, sincere nurse and charming person.

"Each pure and gentle deed of mercy,
Brings an honest recompense."





PAMELA BROWNSTONE BOAL

Poised and petite Pam is noted for her general proficiency, high marks and fashionable wardrobe. An advocate of the Doctor-Nurse relationship, she has achieved the innermost dream of every nurse - a successful career and happy marriage.

"Knowledge comes but wisdom lingers."



DOROTHY-ANN BUYS

A truly generous person is our De-Ann. She gathers joy from the simple things of life, lends an understanding ear, and derives pleasure from a job well done.

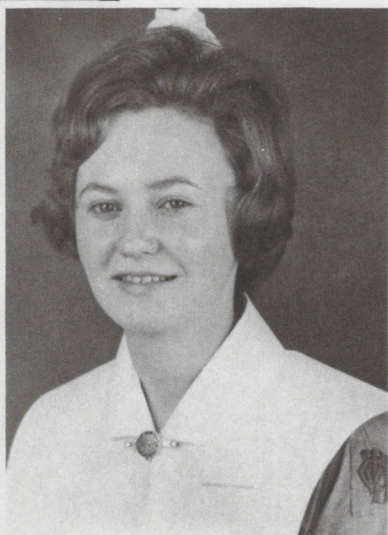
"Who broke no promise - served no private end,
Who gained no title - and who lost no friend."



JEAN CORBETT

A sincere, loyal friend and wonderful nurse is our Jeannie. Sweaters and dresses are made to order in her room. Public Health or Social Work will occupy her future.

"Now abideth faith, hope and charity, these three; but the greatest of these is charity."



ANDRIENNE COURTNEY

The quiet laugh of Andy reverberates pleasantly in the halls of our memory. In a flash, the twinkle in her eye and her sense of humor will make your spirits soar.

"We have been friends together in sunshine and in shade."

MARILYN COWIE

This gal always has a bright and cheery smile for everyone. She is never found sleeping, but always has an endless supply of energy to fulfill her patient-nurse relationships.

"Each pure and gentle deed of mercy brings an honest recompense."



FAYE CROCKER

Our romantic Faye, always ready to share a cheer or a tear, is an understanding and sympathetic nurse. Noted for her long blonde hair and big green eyes.

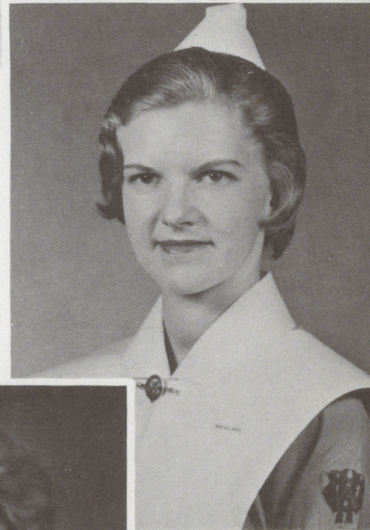
"When pain and anguish wring the brow,
A ministering angel thou."



LILLIAN DOIG

A late-comer to our class, Lillian is one of our few 'Mrs.!' She is quiet and conscientious nurse, but her wit and sense of humor have won many friends.

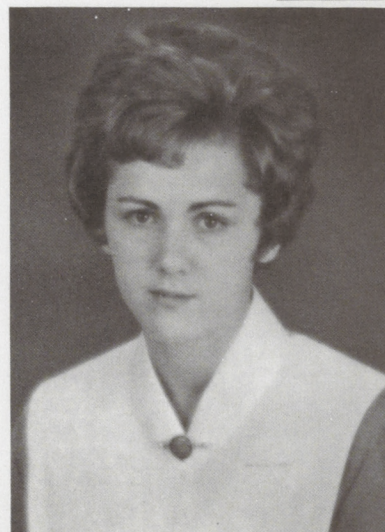
"If virtue can give happiness, I need not wish it,
For it is yours already."



DONNA DUNBAR

A bundle of boundless energy; Donna's carefree nature has warmed the hearts of patients and friends alike. She is known for her busy buzzer, late hour discussions and frequent hair-combing sessions.

"How mad and sad and bad she was -
But then how she was sweet."





PAT DYER

Whatever goal Pat has set before her she will reach. An avid horticulturist and fashion designer with a trip to Europe already under her cap - often seen flitting off to N.C.F.

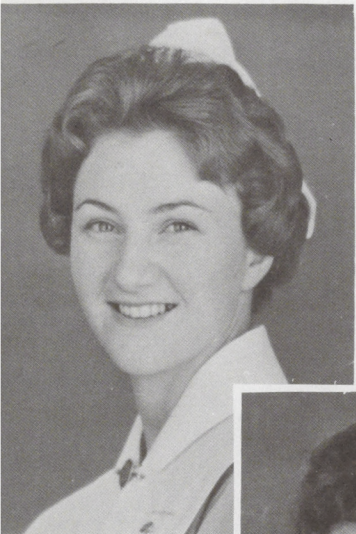
"Charm strikes the sight,
But merit wins the soul."



MERLA ENGLOT

A loyal friend with the warmest eyes and rare gift of being an interested listener. Her emphatic nature and genuine interest in others will carry her far in her chosen career.

"The only way to have a friend is to be one."



JUDY FARRELL

An intelligent and capable nurse, Judy's sparkling blue eyes reveal her friendly personality and her love of sports. Good luck in those plans for Europe.

"They are never alone that are accompanied with noble thoughts."



GAYLE FINDLAY

A kind and efficient nurse, Gayle's quiet appearance hides her vivacious personality. To become a "Mrs." upon graduation.

"We are here to put what we can into life,
Rather than to get what we can out of life."

MARGARET FLOYDE

A girl with a sincere but bubbling personality accented by varied creative abilities. Always lending a helping hand, and frequently found busily preparing for school functions.

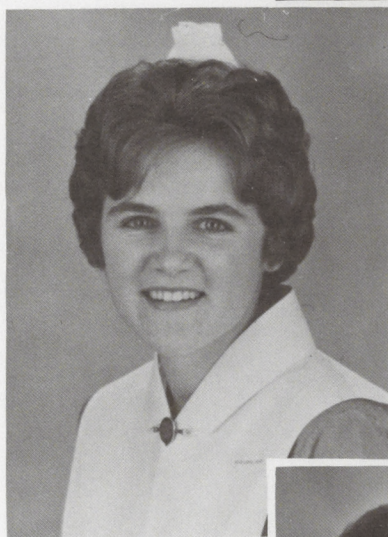
"Give to the world the best you have
And the best will come back to you."



LEONA FORBES

Thoughtfulness, consideration, sincerity combined with a sense of humor make Leona a refreshing and lasting companion. Her warm yet spirited personality has been felt by all.

"Her ways are ways of pleasantness,
And all her paths are peace."



LINDA FOX-DECENT

A charming, gracious person whose singing often fills the hallways. She keeps a listening ear and understanding heart for all her classmate's problems.

"It's the song ye sing and the smile ye wear
That's a'making the sunshine everywhere."



AIRDRIE FRASER

A quiet girl whose hobbies are collecting crystal and silverware. Her Ouija Board has made many a dull evening bright for all.

"Treat confidence as you do a friend,
You will betray neither and prove
yourself worthy of both."

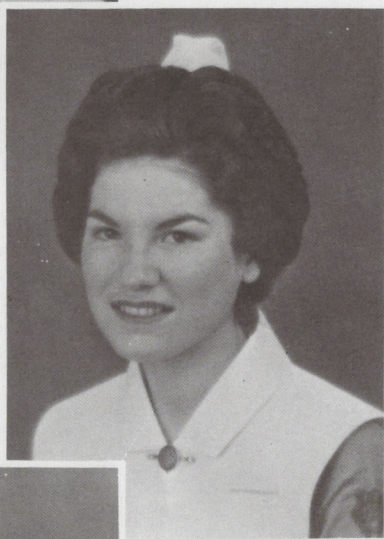




GWEN GALBRAITH

Gwen's good-natured laughter and friendly manner have won her many friends. This sparkling "Dauphinite" can be depended upon to promote a worthy cause and a good time.

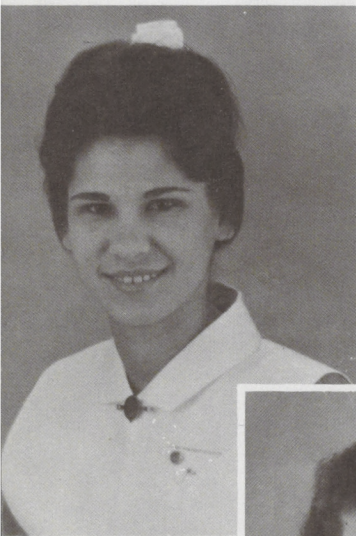
"Gallant, graceful, gentle, tall,
Fairest, noblest, best of all."



LORENZA GENTILE

At first glance - quiet, gentle and demure; look a little longer and a lively spirit and quick sense of humour is revealed. Lorenza is known for her passion for sleeping and making fudge.

"She doeth little kindnesses
Which most leave undone or despise."



INGA GERNANDT

Warmth, vivaciousness and sincerity comprise this Yorkton lass. She devotes much time to dabbling in oils, sewing, and telephone conversations. With the good cheer she spreads, Inga is sure to succeed in any pathway she treads.

"Dark-haired, dark-eyed, sedate, yet bold."



MARIE GIESBRECHT

You are always welcome for a quiet chat in the peaceful atmosphere of Marie's room. This smiling, serene individual has a favourite past-time of crocheting. We wish you much success in your future.

"And round the globe and thro' the sky
Disclose her working hand."

BEVERLEY GRAHAM

Quiet but sincere is our Bev, who always has time to listen to anyone's troubles. She is usually heard saying, "My hair is too long again." A true friend to all.

"Methinks in her there dwells always,
A sea of laughter very deep."



JEAN GUILFORD

This fun-loving, dark-haired Miss will always lend a helping hand. Many of us have enjoyed tea parties in her room. Thoughtful and sincere she is a friend to all.

"Charity and love are the dew and the light of
the human heart."



SANDRA HARPER

Always well-groomed and efficient Sandy is noted for her happy disposition and very particular choice of men. Favourite saying - "Who wants to get me a coke?"

"With gentle yet prevailing force,
Intense upon her destined course."



THELMA HARRISON

Thelma's a bubbling source of fun and frolic who will try anything once. She's noted for her cyclone-like room, huge brown eyes, impulsive personality and many friends.

"In every deed of mischief she had a heart to resolve,
a head to contrive, and a hand to execute."





LOUISE HECHT

Neat, conscientious and unpredictable describe Louise. She is forever found in a fluster, totally enthusiastic about some activity, or taking a bath. No-one can match her ability to initiate laughter when Louise tells of her ward experiences.

"She's as inconstant as the seas and winds
Which ne'er calm but to betray adventure."



ELIZABETH HILL

Dainty, demure and devastating - a true friend who is willing to give without question or complaint. Betty is well known for her "Come on-time to get up!" every morning.

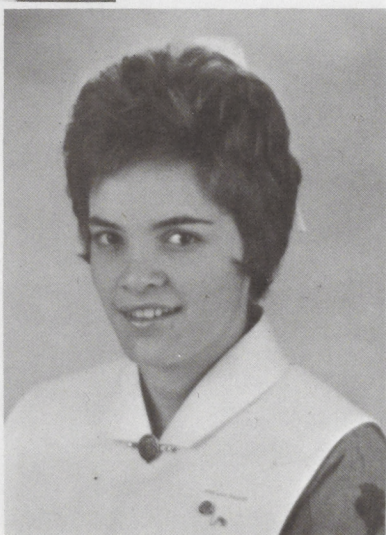
"She hath a daily beauty in her life."



MARLENE HOEL

A blend of sincerity, warm-heartedness with a subtle sense of humour, Marlene makes a wonderful nurse and good friend. A loyal supporter and hard-worker for school activities.

"Implore her aid, in her decision rest,
Secure what e'er she gives; she gives the best."



GAIL HOLLAND

Gail, enthusiasm personified, is rarely in residence on those precious hours off. Known for her love of phone calls, kitchenette discussions and late nights out. A capable nurse and a true friend.

"Waking the breeze, resounds the blended voice
Of happy labour, love and social glee."

HOLLY IMRIE

Our poised and petite Torontonion joined us to complete her final year. Her pleasant personality and sincerity have won many hearts and will assure her success.

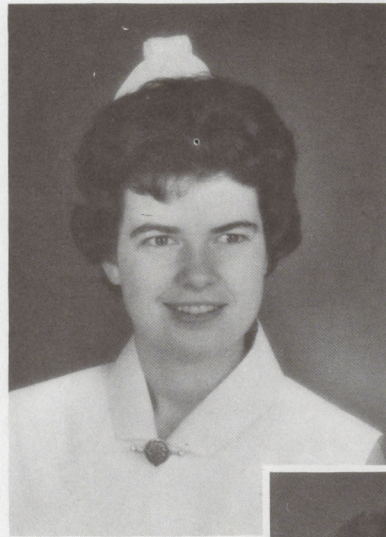
"A gentleness of spirit and pure serenity of mind."



CAROLE JOHNSON

Our tiny, auburn haired bundle of sincerity and good humour. Her sparkling personality and spontaneous greeting has endeared her to all, and her success as a nurse is assured.

"For her each hour new joys discover,
Light of step and heart was she."



MERLE JOHNSON

Merle is noted for her expressive blue eyes and friendly, understanding personality. She can be found listening for her buzzer, sewing the latest fashions, and dressing up for parties.

"I am certain of nothing but the holiness of the heart's affections."



LINDA-GAYE JUDD

This golden-hearted girl is the class livewire. She imparts laughter and enthusiasm to every occasion: ward work, class functions, and kitchenette gabfests. Bermuda will love her bathtub soprano as much as we do.

"Nature made her what she is,
There never was another."





HILDEGARD KLEIN

A good nurse and friend with a sweet smile and kind word for all she meets. She is always ready to share a joke or lend a helping hand.

"The beautiful doings of thy soul ---
Abide with thee forever."



MARJORIE KORT

'To have a friend one must be a friend.'
Mischievous Marj spends most of her time trying to get out of trouble before getting in.

"More than wisdom, more than wealth,
A merry heart that laughs at care."



MARILYN KOZLOWSKI

Our brilliant blonde and dancing enthusiast whose future plans lie south of the border. Marilyn is sure of success in any feat she endeavours.

"Patience and understanding, wisdom also,
And the priceless gift of laughter."



NORMA KUSHNEROV

This little Miss is the owner of those sparkingly lovely blue eyes. Normie is always ready with a helping hand, a kindly heart, and an open mind.

"A candle of understanding in thine heart,
Which cannot be put out."

EVELYN LABUN

Sincerity as a nurse, loyalty as a friend, and pleasantness in her personality are all qualities which Evelyn possesses. Can often be found reading poetry, and will always lend a helping hand.

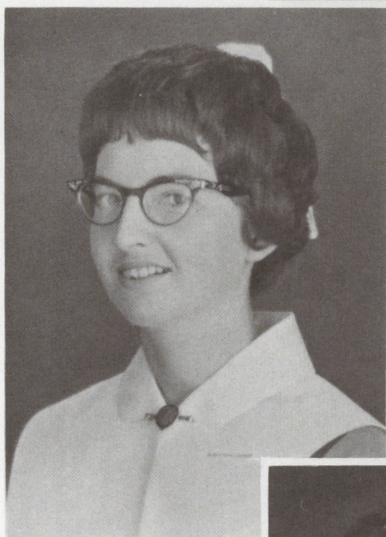
"Smiling always with a never-fading serenity of countenance."



LYNDA LINDSAY

Short and sweet is Lynda with a smile and a 'Hi' for everyone. Can be found with her bright eyes sparkling doing her 'Rabbit Dance'.

"The most evident sign of wisdom
Is continued cheerfulness."



BONNIE LOGAN

A winsome lass with a passion for obstetrical nursing, rubber plants and Saskatchewan. Her calm, collected air is belied by the sparkle in her eyes.

"A woman of charm is as rare as a man of genius."



SONJA LUNDSTROM

Our Social rep. well noted for her boundless energy, exuberant personality and increasing homemaking talents. The sparkle on her finger reflects the sparkle in her eyes.

"The charm of her presence was felt wherever she went."





JANET LYONS

All will remember Janet's willingness to lend a sympathetic ear and an understanding heart. Her optimistic view and love of simplicity guarantee her success. Could future plans be related to her recent interest in Germany?

"A smile can be as lovely as a prayer,
When there is love and understanding there."



HEATHER MARTYN

The gal with the ready smile who's always near drinking coffee by the gallon. She's headed for the East where happiness and success will follow.

"A brave endeavour to do thy duty
What e'er its worth."



JANET MATSUO

Our little worry wart is encouraging and generous with her door always open to classmates. Smiling, cheerful Jan is a boon to friends and patients alike.

"Here is a dear and true industrious friend!"



DOLORES MELNYK

Our sportsminded gal, who never worries. She's mischievous yet a gentle, conscientious nurse. Can any one ever find a truer friend?

"Laugh and be merry, remember the world is
better with a song."

ELAINE MILLEN

A true friend and efficient nurse Elaine is liked by all. Her infectious giggle is welcome in Res. and her door is open to a friend in need. Success will be hers in the future.

"A smile and a warm heart finds a multitude of friends."



MOYRA MILLIKEN

Our sincere and understanding colleen with a sympathetic ear is admired for her willingness as a nurse and hour-glass figure. Success and happiness are assured in the future.

"Any good I can do or any kindness I can show,
Let me do it now - for I shall not pass this way again."



GLENNA MILLS

Home town Ear Falls, Ontario. Glenna loves to laugh. She will have a real future in "law". The inseparable pair - Mills and Corbett.

"She left no little things behind excepting loving thoughts and kind."



CAROLYN MILNE

Unsurmountable enthusiasm and impulsiveness make Carolyn a popular classmate. Will be remembered for evening tea parties, fast and furious romances and modern jazz! A loyal friend and conscientious nurse.

"It is not flesh and blood, but the heart that makes friends and brothers."





DIANE MILNE

Vivacious and unpredictable, subtle wit and charm are all combined with a profound knowledge of human nature that endear her to her patients and friends alike.

"A sunbeam in a winter's day."



MYRNA MORRISON

A smiling blond with a bubbling, carefree nature all her own. On rare occasions can be found peering through her black horn rims, engrossed in some intellectual volume.

"Beauty, truth and love in thee are one."



BEVERLY MUSTARD

Tall, slim and vivacious, Bev, is an attractive brunette with sparkling brown eyes. Has a knack for getting into uncompromising positions and out of them just as quickly.

"A smile is daylight for the discouraged Sunshine to the sad and nature's best antidote for trouble."



BARBARA MC COWAN

Tall, sparkling-eyed friend to all, that's our Barb. Better known as Miss McCowan. Her main ambition is seven twelve-thirties a week and to find herself a Tom.

"Her more welcome touch, her understanding eyes."

JULIA MC GILL

Our Julie, blessed with warmth and understanding, is ever ready with a helping hand. We have shared many good times with her. Our memories of her will all be pleasant.

"Those who bring sunshine into the lives of others; cannot keep it from themselves."



SHARON MC PHEDRAN

Start with friendship, add some wisdom, mix in laughter and season with a touch of mischief. That's our Sharon. We wish you the best in the future.

"There is such pleasure in thine eyes, such music on thy tongue."



SHIRLEY NELSON

The nurse with the winning smile and serene manner but never a dull moment with our Shirley around. Her warm heart and sincerity make her a friend to all.

"In thy face I see the map of honour truth and loyalty."



GAGE ORCHARD

A petite five-foot-two of personality and fun. Her talkative and vivacious manner will always brighten the day. A wonderful friend and nurse, Gage will find success in any future venture.

"Many thoughts had she and wit at will and so her tongue lay seldom still."





LILLIAN OZIRNY

Intelligent, compassionate, and possessed with a lively wit, Lillian is admired by one and all. Her boundless energy and enthusiasm ensure her future as the excellent nurse she is.

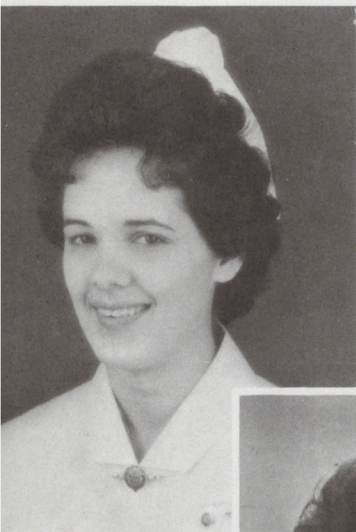
"We are here to try to make the lives of others happier."



DIANE PATTERSON

Slender and attractive, Diane is never at a loss for dates. This poised and confident girl makes friends easily and is sure to achieve a successful nursing career.

"You are well-favoured and your looks foreshow you have a gentle heart."



GLENDIA PAUL

The spontaneous warmth and companionship that Glenda offers makes her room our second home. We will never forget her boundless energy and sense of humour.

"A kind and gentle heart she had to comfort friends and foes."



ANITA PELE

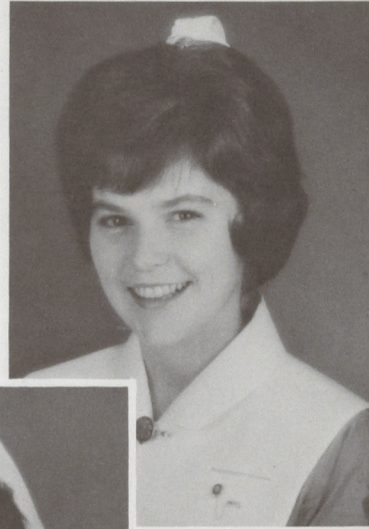
Dark-haired and attractive, Anita combines sincerity, warmth and genuine interest in others, making her the kind nurse and wonderful friend she is.

"You have deserved high commendation, True applause and praise."

ELIZABETH PETERSON

Our vivacious gal with the sparkling eyes, keeps the phone lines busy. Betty's infectious laugh has endeared her to many, and her future as a nurse is assured.

"Who never defers, nor demands but smiling, takes the world in her hands."



MABEL POKIAK

The courage and fortitude of this "Northlander" will assure her success now and in the days to come. Mabel loves to swim, read, hear good music and her favourite T.V. program.

"Which still with dauntless steps proceed where reason points the way."



DARLENE POSNER

One of the famous Posner clan, "Dee Dee" is well known for her unforgettable laugh and unique hair-dos. A combination of loyalty, sincerity and charm assure her of a bright future.

"It is more blessed to give than to receive."



SHARON REDISKY

One of our Ontario girls noted for her "after evenings" uproarious laughter. Often heard expressing definite views on many subjects. Future - California.

Because your generous heart gives out a kindly thought a minute.
You make the world a whole lot better, just by living in it."

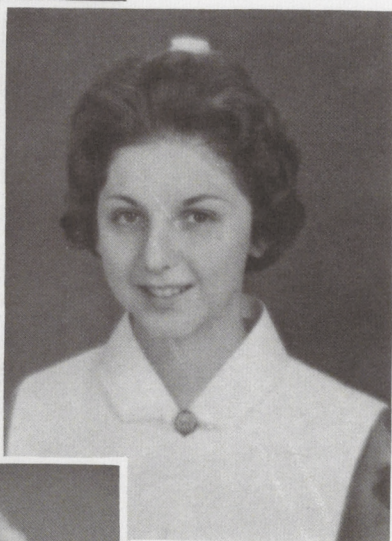




GERALDINE SAUNDERS

"To know her is to love her" truly expresses our feeling for Gerry. Blessed with warmth, sincerity, and consideration, she is a true friend to all.

"A merry heart doeth good like medicine
A little laughter cureth many a seeming ill."



AUDREY SCHETTLER

Tiny and quiet but a confident, thorough nurse. Seldom seen in residence; perhaps this explains her perpetually neat room. Audrey is assured of success in her future plans.

"The gentle mind by gentle deeds is known."



LYNN SCOTT

Attractive, popular, generous and a deep thinker is our Lynn. Who else can appear so well poised, and be so full of fun. A conscientious nurse, and a true friend.

"So firm yet soft, so strong yet so refined."



ELAINE SHEWFELT

This pretty lass was our Valentine Queen in first year. A capable nurse with a quick sense of humour. She is rarely found in Res. on her days off.

"A daughter of the gods,
Divinely tall and most divinely fair."

DOREEN SMALL

She's joking, she's clowning,
She's studying, not frowning,
She's winking, she's flirting, but her duty not shirking.
To her friends she's sincere
And we know she'll succeed in her chosen career.

"None has merited her fear, and none has quite escaped her smile."



CAROL SNEIDER

A bubbling source of energy, Carol is always on the go but is never too busy for a kind and thoughtful word. Her warm smile has won many friends. We wish you the best.

"The good we do today becomes the happiness of tomorrow."



ELEANOR SNODGRASS

Good as a scholar, better as a nurse, best as a friend - Eleanor is blessed with warmth, sincerity and a keen sense of humour.

"For truth is precious and divine."

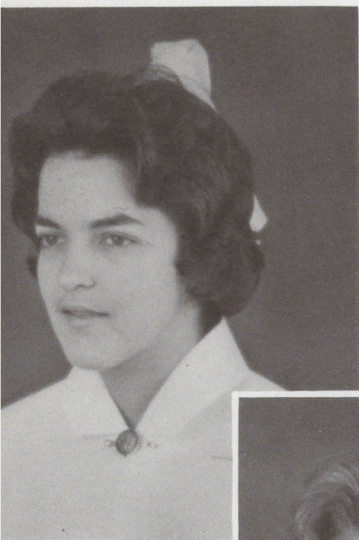


SHIRLEY SPENCER

Our Saskatchewan girl whose infectious laugh echoes through our halls. Her interests are centered around sports, music and parties. A competent nurse and true friend.

"The glow of a kindly heart and the grasp of a friendly hand."





PAMELA STEWART

Koplik spots, temp. 104 degrees and a dusky red rash - yes - our Pam got a sneak preview of the "George." A great gal, hails from Pine Falls. Future anything but Psychiatry!!

"Not what we give, but what we share for the gift without the giver is bare."



SHEILA STICKNEY

"Stick" compensates for her occasional mischievousness with her enlightening empathetic listening ear to classmates and her bubbling but capable enthusiasm at the bedside.

"A little nonsense now and then, is relished by the wisest men."



DIANE STOREY

Poised and charming Diane possesses a warm, friendly and understanding nature. Our capable class president, who is always ready with a helping hand.

"Those about her, from her shall learn the perfect ways of honour."



JOAN TAYLOR

Our cheerful, benevolent Joan has a quiet exterior which is soon dispelled in Res. Racing the clock occupies most of her time. Her sincerity, kindness, and determination assure future success.

"Not what we gain but what we give,
Measures the worth of the life we live."

ANNE TKACHUK

Anne, with her flair for dramatics, loves to add a touch of excitement to the ordinary. Her dark brown eyes reveal both her "joie de vivre" and her sincere interest in patients and friends.

"Wisdom and wit are fully seen."



MARIE TRIGGS

"Trigger", always ready for a good laugh, is well liked for her quiet but warm personality. Off duty hours are often spent on an enjoyable trip home.

"Look beneath the surface. Let not the several quality of a thing nor its value escape thee."



ELEANOR WARKENTIN

Eleanor seems to pass through life like a boat sailing smooth waters. N.C.F., music and sports are intermingled with humour and friendliness. Her hobby - working on a piece of Diamond Willow.

"Holy, fair and wise is she,
For heaven such grace did lend her."



VALERIE WELLOCK

Val's cheerful personality and infectious giggle bring sunshine to all around. After a lonely winter her smile returns in spring (and it's not the changing weather.) The best of luck to you.

"I looked beyond the world for truth and beauty,
sought, found, and did my duty."





ARDIS WHATMOUGH

Noted for her charming smile, sparkling brown eyes and keen enthusiasm for living. Loves planning parties, trips to the beach and anything exciting, even advanced dancing at the Y.W.C.A.

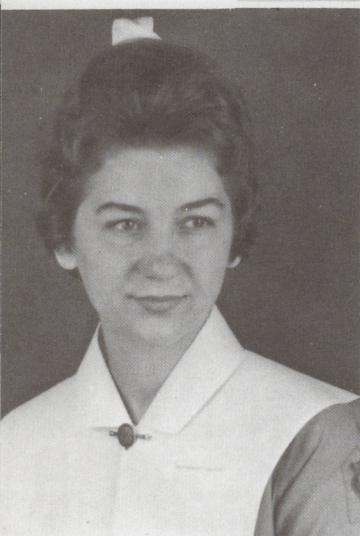
"The most essential thing for happiness is the gift of friendship."



JOCELYN WILSON

Sparkle, enthusiasm and sincerity best describe Joc. A loyal person and a competent nurse, she has been confidante to many and a friend to all. She will long be remembered for her understanding manner, tact and subtle sense of humour.

"A friend may well be reckoned the masterpiece of nature."



MARGARET ZELYCH

Marg, a quiet goodnatured nurse is gifted with sincerity and a mature attitude towards life. Her future looks as bright as the ring on her left hand.

"True sincerity sends for no witnesses."



Undergraduates



Class Of 1964 A

FRONT ROW, Left to Right: P. Gregg, D. Baxter, M. Neelin, S. Shook, C. Worboys, M. McPhail, V. Freeman, S. Evelyn, C. Wallace.
 SECOND ROW: A. Lerner, C. Stewart, L. Buffie, M. Crayston, M. Wolodarsky, J. Hamilton, B. Balderstone, B. North.
 THIRD ROW: B. Faiers, F. Dozar, S. Johnson, P. Verby, J. Crawford, J. Scarth.

Class of 1964 A

The beginning of '62 put one year of nursing behind us. We received our barpins and chevrons. We celebrated this change in our uniforms with a "tally-ho" on one of the coldest nights of the year.

The next six months saw us starting many of our special postings. Although we were out of the classroom we still had a great deal of studying to do.

Our socializing picked up in July. At this time we had a Tea Party for our class advisor, Miss Nugent. August 6th saw us at the half way mark. This called for another party. This time it took the shape of a beach party.

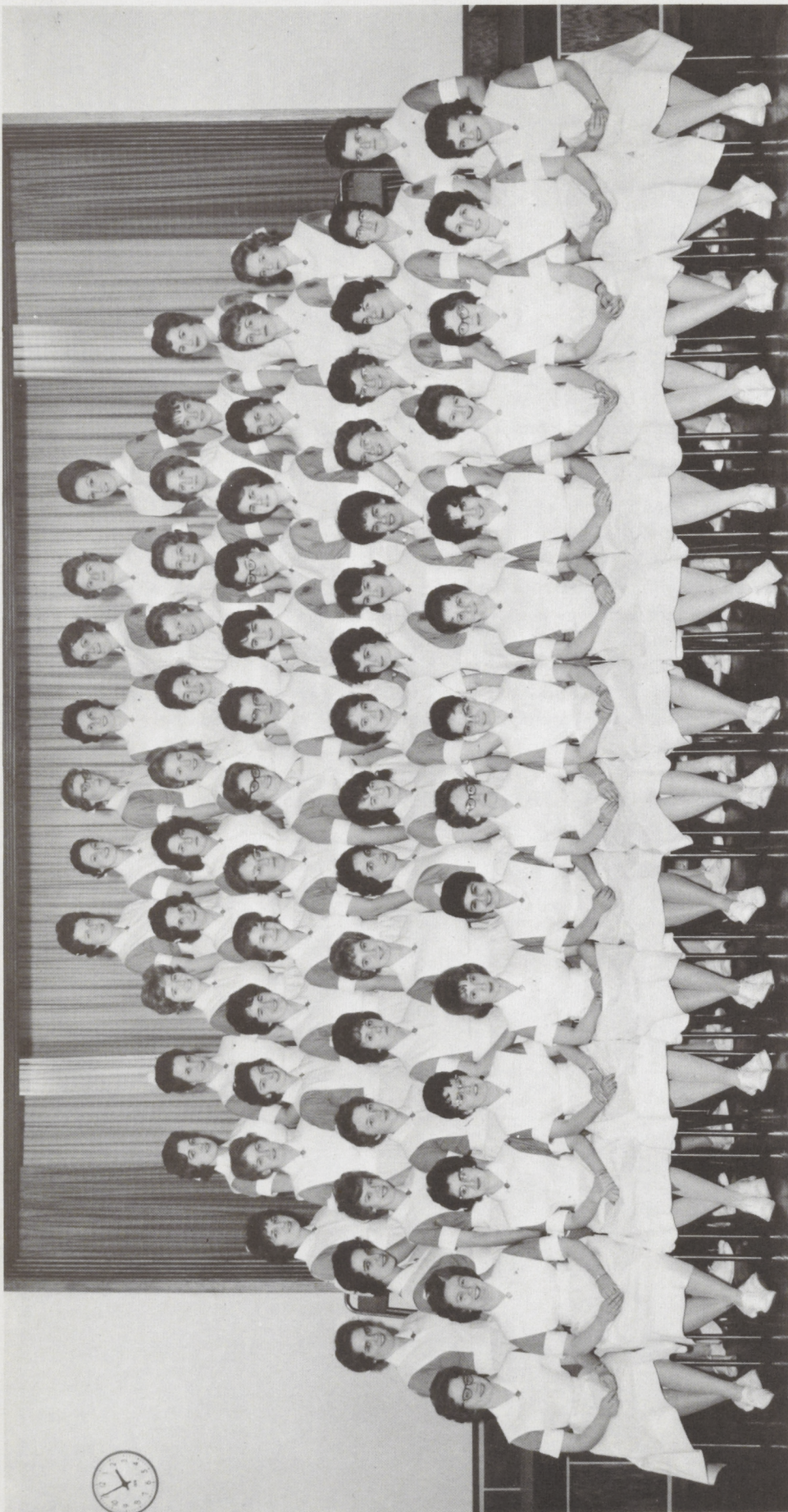
In September we welcomed the class of '65. As they anxiously await the end of their "probie" period, we wait anxiously for the beginning of our senior year. We will soon have our sleeves down.

We would like to extend good luck and our best wishes to the graduating classes of '63. May all go well in whatever you endeavour.

Compliments of

KETCHEN PRINTING COMPANY
1190 Main Street
Winnipeg, Manitoba

WEIDMAN BROTHERS LIMITED
Wholesale Grocers
Winnipeg, Manitoba



Class of 1964

FRONT ROW, Left to Right: J. Nylín, D. Palmer, N. Karlinsky, O. Tomick, S. Brown, F. Bellas, A. Randall, R. Barker, J.A. Andrews, T. Dreher, P. Hutchison, J. Albinet, S. Simms, R. Ash.
 SECOND ROW: D. Hopper, J. Gordon, J. Franklin, R. McEwen, S. Thorkelson, D. Staniland, M. Forbes, C. Sogen, F. Forsyth, M.M. Soulier, V. Kerr, D. Goodman, E. Hancox, R. Penner, V. Lechner, F. Thompson, B. Murray.
 THIRD ROW: E. Pentilchuk, L. Turn, D. Pullon, W. Hovey, M. Coubrough, S. Nielsen, B.J. Elliott, S. Ozolins, R. Henry, R. Krahn, J. Bukoske, A. Gust, J. Dawson, D. Bretsen.
 FOURTH ROW: C. Townsend, S. Sterling, V. Mack, W. Whetter, M. Medland, M. McGuckin, M. Williams, M. Simpson, B. Jaster, L. Martens,

Class of 1964 B

I don't think anyone in our class believed that the first year would pass as quickly as it did. Now we find ourselves no longer "probies" but intermediate students.

To celebrate the completion of Junior block classes and exams a swimming party was held at the home of one of our classmates. After a couple of hours of swimming in chilly weather we went into the house for hamburgers, cokes and a singsong.

September brought the beginning of our second year at W.G.H. To celebrate the arrival of our long-awaited chevrons and bar pins we went partying at the Westwood Inn. Those who attended will vouch that it was enjoyed by all.

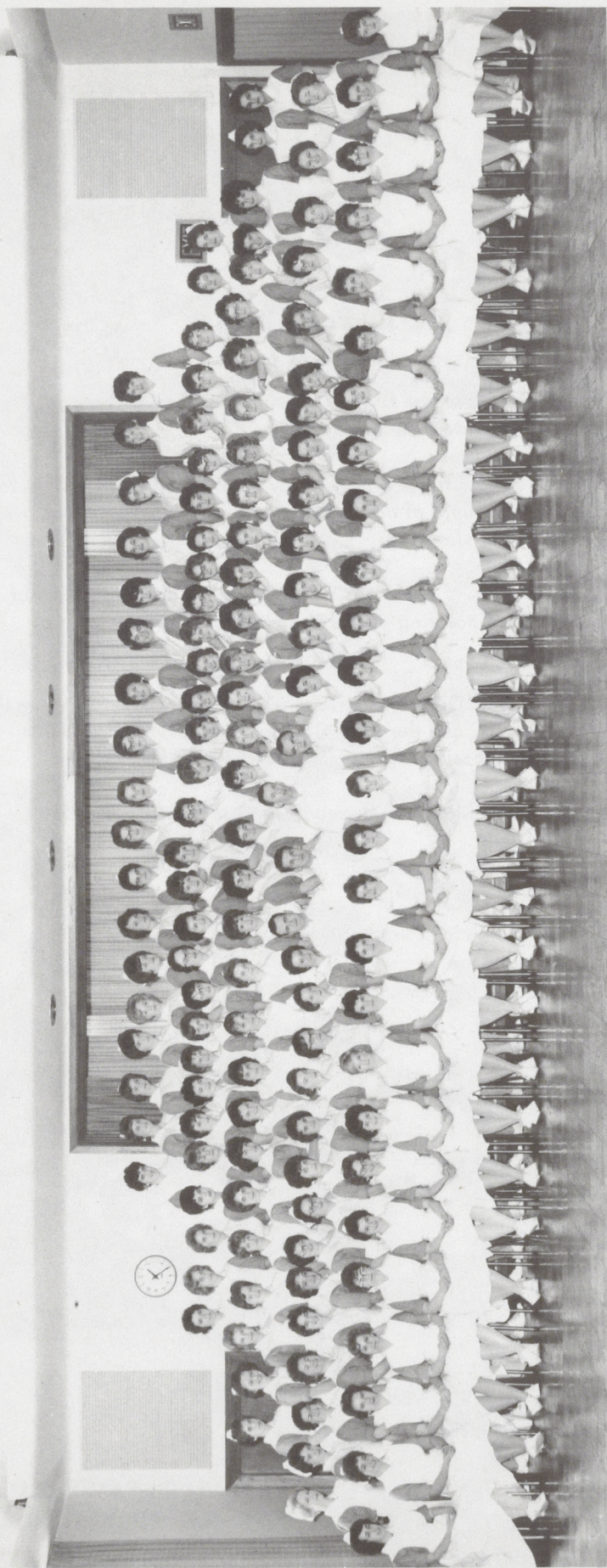
This year will prove to be an exciting one. Our class will spend the majority of its time in special postings – the C.H. Mat., Psycho., O.R., and the King George Hospital. What does it mean? It means hitting the books again, new experiences, new thrills and new frustrations.

To the Graduating Class of 1963 we would like to wish you every success in your chosen endeavour.

Compliments of

BOOTH FISHERIES
CANADIAN COMPANY LIMITED
Winnipeg Fish Division
Winnipeg 4, Manitoba

CLARKE-LEATHERDALE
FUNERAL HOME
232 Kennedy Street
Winnipeg, Manitoba



Class of 1965

FRONT ROW: C. Daubert, L. Grubert, D. Swystun, J. Behnke, S. Cook, M. Cumming, M. Hamilton, M. McLeod, N. Parrott, J. Patterson, E. Mrochuk, C. Forrest, S. Anderson, C. Green, L. Milazzo, M. Muter, P. Jolly, D. Caplan, P. Martin, K. Cox, S. Townsend, E. Lewicki, M. Lysaichuk, B. Fuller, L. Welsh, M. Humphreys, A. Rowe.
 SECOND ROW: H. Gerry, D. Weeks, M. Chaloner, L. Leitch, C. James, E. Dykun, P. Galbraith, L. Issac, M. Budgen, D. Horbas, C. Menzies, M. Raitt, V. Glasman, B. Duncan, D. Lavigne, L. Kress, R. Otke, A. Grimes, S. Baker, J. Wettstein, M. Ross, S. McGavin, I. Haavisto, S. Drummond, N. Hill, J. Box, J. Burch, S. Kenny, D. Podjan, M. Osteraas, B. Frieson.
 THIRD ROW: J. McKay, M. Taylor, S. Alstadt, V. Martin, D. Shier, G. Moore, R. Brown, E. Kirch, S. Wilson, I. McNiven, M. Killen, L. Jones, H. Holmes, M. Paterson, G. Amy, V. Babisky, L. Kennedy, S. Alexander, E. Moore, D. Boyd, L. Pelletier, W. Butler C. Sprott, J. Gislason, S. Gustafson, E. Giesbrecht, R. Palsson, J. Parker, E. Gorenstein, C. Davidson, J. Dumont.
 FOURTH ROW: J. McKee, H. Sigvaldson, E. McElheran, B. Jewitt, S. Bracken, J. Biglow, L. Roe, H. Gollub, P. Dalingier, D. Pelechaty, K. McKinnon, R. Shier, J. Vandereems, B. Hall, M. Sul, L. Donaldson, L. Robinson, J. Tolton, N. Fallon, J. Gutray, A. Dennis, M. Erickson,

Class of 1965

The Class of '65 are we
With spirit and vitality,
Our hearts are true, our spirit strong
Except at morning's rising gong.
A vote of thanks to all we give
For giving us a chance to live
The life we choose, tho' have our fears
That lead us through the next three years.
Bless all "Big Sisters" kindly thoughts
Whose guiding hands help cast the lots
And thanks to each and everyone
For steady words and lots of fun.
The lovely tea that first strange day
Began us on our strange new way
Books galore and classes too
Made us wonder what to do.
The Yearbook Tea and Christmas fun
Kept probies busy, everyone
With handicrafts and little dolls
And fudge aroma through the halls.
The Christmas season rolled around
And quiet halls soft steps resound
As wide eyes bright related stories
Of first real tries at nursing glories.
Then all too soon vacation through
And classes all begin anew
As study hard becomes the trend
For now exams that never end.
Our eyes to Lady Fortune hold
As slowly, destinies unfold
Our laughter, sorrow, tears and joys
One hundred thirty-six girls and three young boys.

Compliments of

BROADWAY FLORISTS
277 Portage Avenue
Polo Park Shopping Centre

SWIFT'S MEATS
for Babies and
Infant Foods

Our Internes



BACK ROW: O. Arseven, A. Hanna, G. Wilson, G. Chipperfield, K. Posner, K. Woodman, D. Dunlop,
G. Lafarga, L. Gold, K. Brookler, D. Newman, A. Yeo, M. Brotman, A. Caplan, D. Gamez, B. Kreel.
FRONT ROW: K. Soper, D. Adelman, S. Goldstein, J. Bisette, A. Ditor, W. Hryniuk, W. McMillan.

PLEA TO AN M.D. (any M.D.)

The doctor is a worthy gent;
His patients claim he's heaven sent.
The man is knowing, erudite;
But, holy cats! He just can't write!

The surgeon's hands are deft and skilled;
The surgeon's head is know-how filled.
Yet why — since he's so doggone bright —
Cannot the surgeon learn to write?

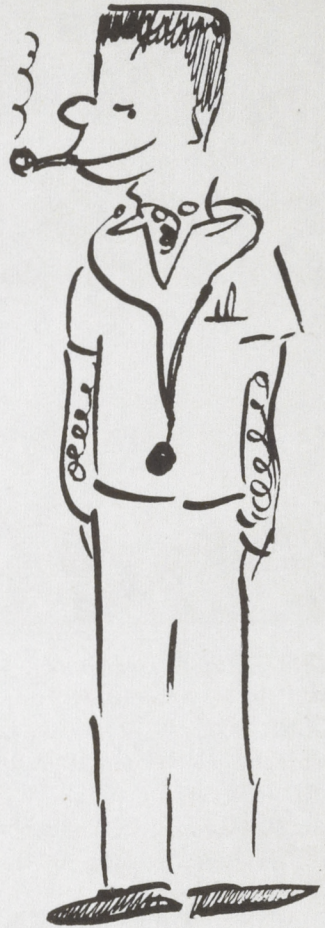
Dear sons of old Hippocrates,
Pray hear a troubled Nurses pleas!
Remember that the gals in white
Have got to READ the stuff you write!

Your Physicals and Histories,
Like Dead Sea Scrolls, are mysteries;
Your order sheets make nurses squint;
So please, dear sirs, write right — —
or print!

The Canadian Nurse (Generator)

THE SURGEON'S HANDS

His face? I know not whether it be fair
Or lined and greyed to mark the slipping years.
His eyes? I do not glimpse the pity there,
Or try to probe their depths for hopes or fears.
Only upon his wondrous hands I gaze,
And search my memory thro' too fittingly
To voice their loveliness. In still amaze,
I bow before their quiet dignity.
They make the crooked straight, and heal old sores,
The blind to see; the war-torn clean and whole.
Thro' out the suffering world they touch the doors
That open wide to life. The bitter bowl
Of pain they sweeten, till the weary rest
As tho' the hands of Christ had served and blessed.



Compliments of

THE NEWEST OF FASHION
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Winnipeg, Manitoba

CAMPBELL and HYMAN SURGICAL SUPPLIES
632 McDermot Avenue
Winnipeg, Manitoba

Nurses Aides



FRONT ROW: A. Gembarsky, K. Klassen, J. Brown, M. Kinakin, A. Friedmann, G. Rahn, O. Adam, E. Widish, M. Neufeld, H. Reimer, M. Ring, M. Storzuk.

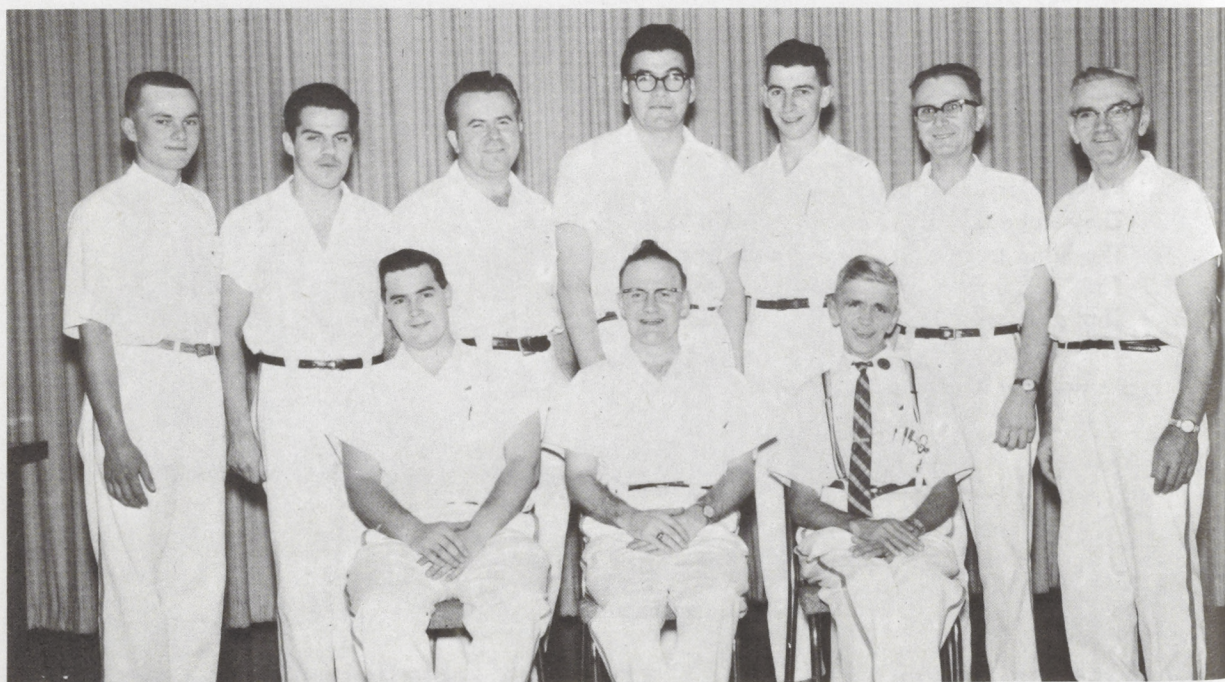
SECOND ROW: A. Brown, A. Cottam, R. Barz, R. Kliwer, A. Holunga, P. Zapshala, D. Schmale, T. Giesbrecht, A. Reimer, M. Zuliniak, S. Chartrand, M. Doerksen.

THIRD ROW: H. Puchalski, K. Erhart, E. Doerksen, C. Hubar, S. Zamrykot, L. Fehr, H. Steel, D. Nault, M. Neudorf, C. Vandenheuvel, A. Nikkel, G. Toews, H. Currie. —

FOURTH ROW: E. Jung, D. Boersma, L. Innes, L. Derksen, I. Hessam, E. Peters, E. Mlynek, Y. Friesen, M. Giesbrecht.

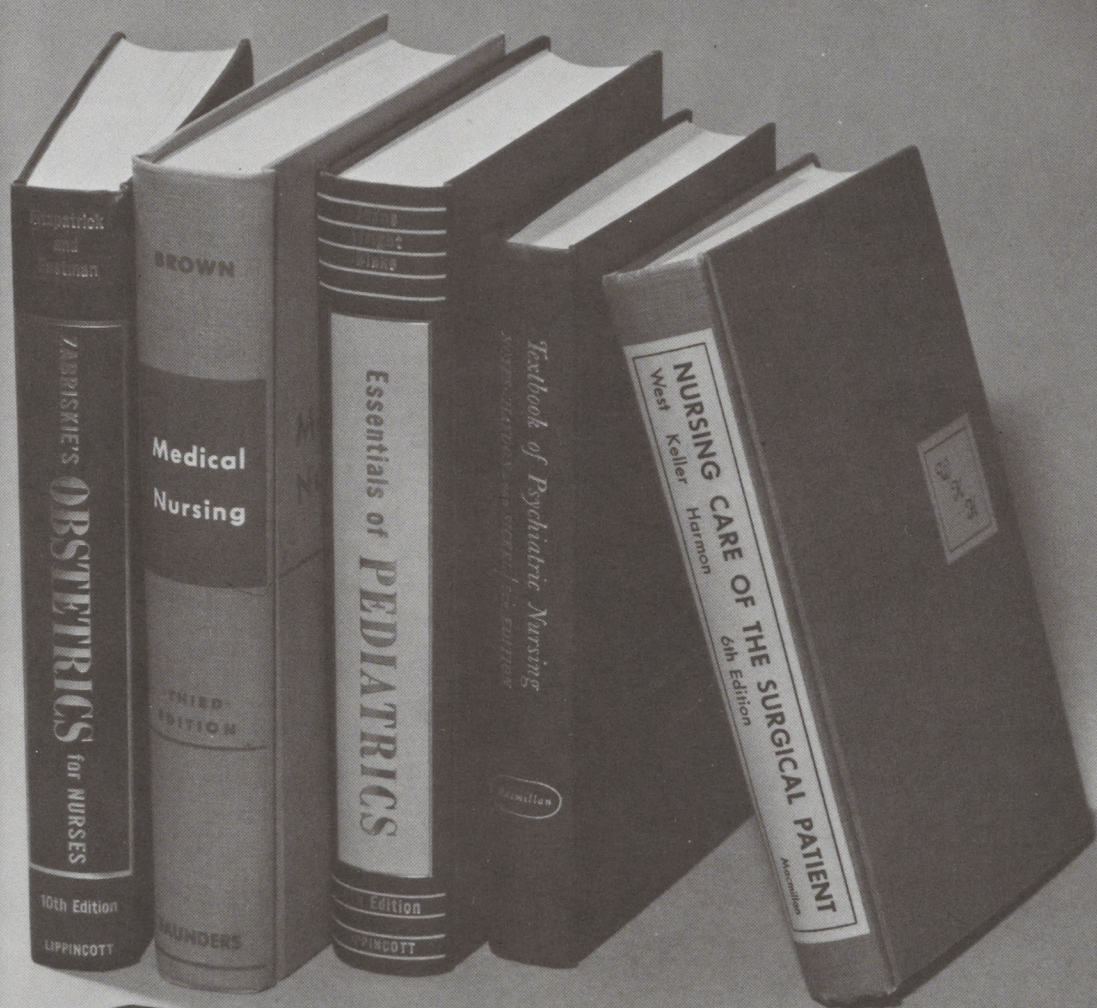
ORDERLIES: V. Epp, M. Dyck, R. Growitz, M. Barth, S. Kolebaba.

Orderlies

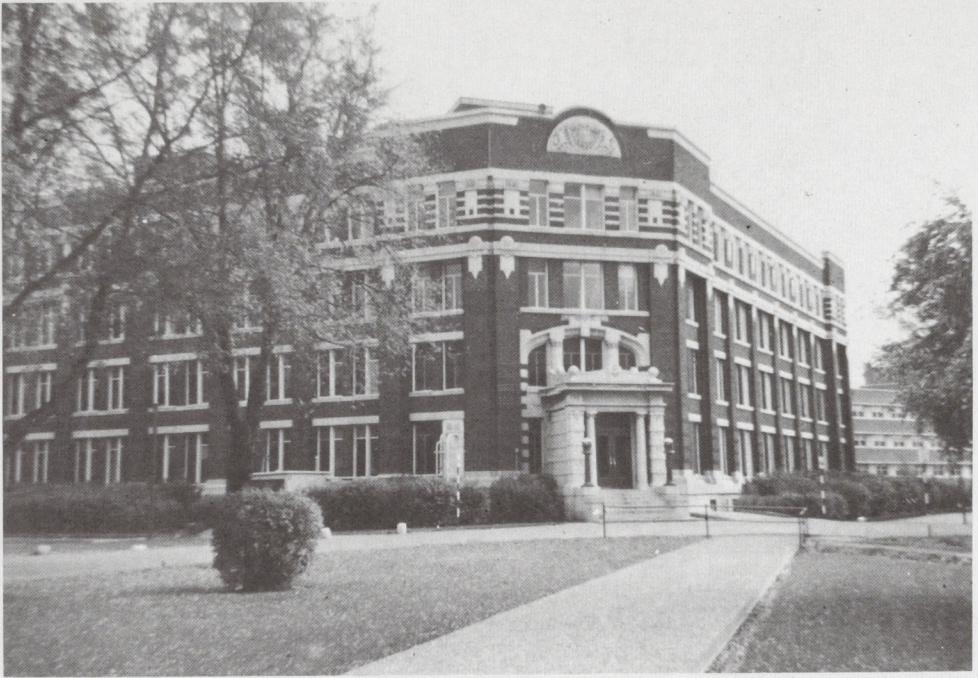


FRONT ROW: B. Palmer, C. Grisewood, W. Early.

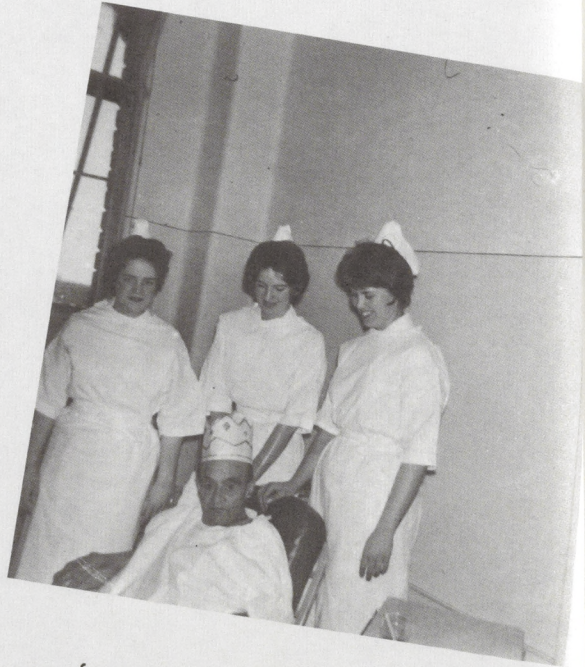
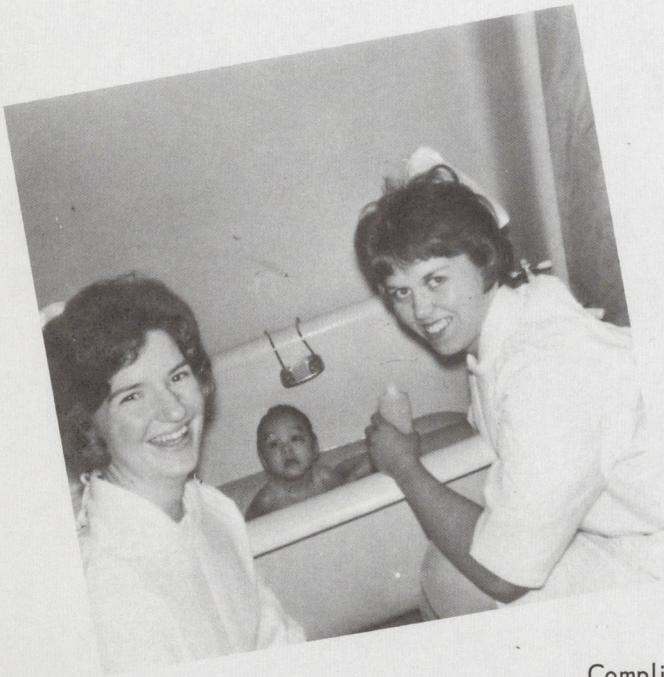
BACK ROW: A. Wiebe, R. Buckmaster, L. Farkas, P. Cameron, G. Williams, J. Neudorf, H. Giesbrecht.



Literary



King George



Compliments of

NELL'S FLOWER SHOP

700 Notre Dame

Winnipeg, Manitoba

"THE GEORGE"

During a student nurses three years of basic education, we at the King George Hospital are fortunate to have her four weeks. Part of this time may be spent with the post-polio on B and F Flats although the main part of her experience with communicable diseases on G Flat.

According to the dictionary a student is one who studies. The word study means meditation, research, examination, investigation, sketch, den, cartoon, investigate, weigh, consider, scrutinize, ponder, memorize.

During a students stay at the KGH she:

MEDITATES upon the courage of the "repos";
RESEARCHES case histories for information on communicable diseases.
EXAMINES new admissions for "mechanized dandruff."
INVESTIGATES the mechanical mysteries of respirators, rocking beds, cof-flators, etc.
SKETCHES the polio patient on standing board;
Visits the DEN of thieves 208 (they are very honest thieves);
CARTOONS the biffy chair parade;
PONDERS on the stupidity of parents that don't have their children inoculated;
CONSIDERS the problem of feeding a patient on a rocking bed;
SCRUTINIZES a patient "Frog Breathing" for a clue as to the method of doing it;
And she MEMORIZES endless lists of incubation periods.

All this to help her in nursing.

The polio patients always welcome the gay young nurses. The names may be forgotten but the personality is remembered with pleasure. As one young polio patient said about the students, "I don't care how they work, I would like to put them on the shelf and look at them!" (Twas a male). But the student nurses do work hard as well as brighten and cheer the polio wards. May they continue to come to the "George".

Betty Banister – (a patient).

Compliments of

ASHDOWN'S HARDWARE

Main at Bannatyne
Winnipeg, Manitoba

CANADA DRY LIMITED

Larsen at Golspie
Winnipeg, Manitoba

OUR ANGELS

From city, town and village – Even from the farm,
In answer to the urgent need, in answer to alarm
They came along singly, they came along in groups –
The years' supply of angels mustered up like fighting troops.

Long hours in the classroom, days spent among the ill,
Giving of their knowledge and giving us the will
To conquer all our ailments and learn to live again –
To carry on despite the past and triumph over pain.

Three years of dedication, frustration – even worse
Bring to us a revelation – a Graduated Nurse.
We watched her in her training, through the harder years
And many times, when needed, she soothed away our fears.

To those of you in chosen field, who have surpassed the grade –
We toast you to the fullest and give our accolade.
We wish you all the most success – to you we give our thanks
And know that you who graduate – are welcome to their ranks.

And so in future years to come, we know we'll not forget
The little Nurse-in-Training – the girl on whom we bet.
We'll think of you quite often and say a little prayer
And trust you'll all keep up the work and never to despair.

And so in closing, from all of us, I've been asked to say
Our heartfelt thanks, our wishes – "God Speed You on Your Way".
Keep faith with those who need you – Be wise, kind and gay
Maintain the fight and carry on – you Graduates of Today.

G.S.C. A Former Patient

Compliments of

KELLEY-ROBERTS LIMITED
242 Princess Street
Winnipeg, Manitoba

THE CAMERA SHOP
350 Donald Street
Winnipeg, Manitoba

THE INDISPENSABLE MAN

Sometime when you're feeling important
Sometimes when your ego's in bloom
Sometime when you take it for granted —
You're the best qualified in the room.
Sometime when you feel your leaving
Would leave an unfillable hole
Just follow this simple instruction
And see how it humbles your soul.
Take a bucket and fill it with water
Put your hand into it up to the wrist
Pull it out and the hole that's remaining
Is a measure of how you'll be missed.
You may splash all you please when you enter
You can stir up water galore
But stop it and you'll find in a minute
That it looks just the same as before.
The moral of this quaint example
Is do just the best you can
Be proud of yourself, but remember
There's no Indispensable Man.

The sick are my patients, I shall not want
I make them to lie down in warm blankets and feed them with a glass tube
I restoreth their pulse, I teacheth the way of our hospital
For their own sake, yea, though they sleep in plaster casts
And in splints, they shall feel no pain,
My hope and my smile shall comfort them.
I prepare my hypos in the presence of the staff nurses,
I anoint their backs with alcohol and wash their hands with warm water.
Surely sorrows and groans shall be ministered to by me all the days of my life.
And I will dwell in a uniform, forever.

Compliments of

PERTH DYE WORKS
482-4 Portage Avenue
Winnipeg, Manitoba

T. EATON COMPANY
Portage and Donald
Winnipeg, Manitoba

"THE CONQUEST"

Four men rode together on the plains and hills and down,
In the lead there came a red man, then a white, a black, a brown.
By a twist of Fate they gathered near a roaring ruddy sea,
And they swore to be blood brothers undearneath an olive tree.

Tho' each came from foreign castle yet each heart had one true ring,
All were brave and loyal and steadfast, each could laugh and each could sing.
But 'twas here the footsteps faltered and the mists blurred o'er the gaze,
For a forked trail caused a sorrow and a parting of the ways.

Then two there rode together to the left and shoddy side,
While the others were compelled to take the rolling, wrathful tide.
But before the trails were taken well a final stop and rest,
Each of the four shed but one tear and hid it in his breast.

And thus Fate by a mighty hand decreed the four to go,
To roam the weary wasted world and to the sinners show
That love of fellow man is strong and can be stronger still
In a heart that's full of cheer and peace
And a bent determined will.

All the four died strong and young for strutting out their show,
One died by knife, one fire one flood, one fell when struck a blow.
But the tragic song that echoed through the poor and sickly land,
Was that each died not by alien death but common coloured hand.

Now the four lie deep in sleep and never ride the more,
But even though they died so brave, it has not closed the door.
They did not live in vain, for by earth they are not pinned,
The four ride still together on the billows of the wind.

MARGARET-ALLISON KILLEN

Compliments of

INVESTORS SYNDICATE OF CANADA

280 Broadway Avenue – Winnipeg, Manitoba

INSPIRATION

Or is it sadness; an indescribable feeling
A taste of joy, knowledge, contempt, pride, sorrow, vanity
Made big perhaps -- but deeply felt
Defined? to wish it were.
Alas, what a view of humanity would be exposed.
Frustration. Wants or is it Defiance?
Defying whom? the Gods Yourself
Think of love, presenting warmth, security
Feel loved; but only for the time light takes to travel.
Analyze the world, only to get involved, my friend
With further frustrations
An impossible task! never happiness
Regress with habits; effective for too short a while!
Forgetting for the wise
Surrender for the thoughtful
Oblivion for the shallow
Hell for the Undaunted Struggling Fighter.

D. POSNER

"GIRL AT THE WINDOW"

There in silent solitude, standing at the pane,
Stands a lonely figure, crying softly to the rain.
As the setting sun sinks slowly to the waiting earth below,
The solitary shadow cries for one who does not know.

She is crying for a lost love in the chambers of her heart,
She is crying for a lost love in a dream world far apart;
For her innocence is brimming as a rosebud is with dew,
And she cannot lift her spirits or ever smile anew.

O, The cruelty of a young man to see and never know,
Of the tender heart that's waiting and the love she cannot show;
So she stands with head bowed deeply as the sun with waning light,
Casts it's shadow on the window and the girl that stands in night.

Margaret-Allison Killen

Compliments of

BRATHWAITES LIMITED

429 Portage Avenue
Winnipeg, Manitoba

STOVEL-ADVOCATE PRESS LIMITED

Printers – Lithographers
Winnipeg, Manitoba

WHAT IS A STUDENT NURSE

A Student Nurse is a Probie in gray-blue uniform,
with an arm-load of books, headed for the library.
A Student Nurse is a frightened young girl,
with basin in hand approaching her first real patient.
A Student Nurse is someone with a glow in her eyes
as she recites the Nightingale Pledge
Her new, white, Bible in her hand, and her first rose
waiting for her in her room.

A Student Nurse is an Intermediate
with special trainings before her.

She is many things –
At the C.H. she is a young woman
with a child in her arms.
At Psycho she becomes a Mother Confessor.
At the Mat. she seems a helpmeet and a friend,
to the excited new Mothers.
She is a person with new knowledge and new responsibilities.

She is – Knowledge with a flashlight in her hand,
Sincerity with a smile on her face, and
Hope with tears in her eyes.

For three years she is a treasured person,
Needed by so many people.

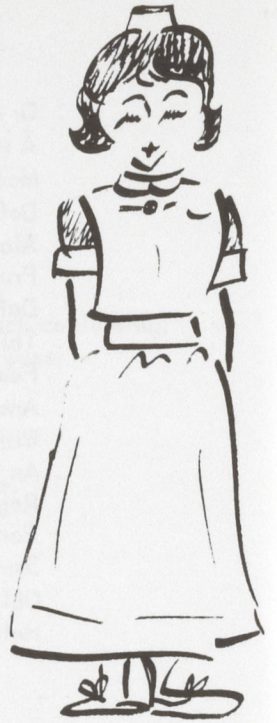
She is –
A shining example, to her young friends,
Protected by her hospital,
Teased by the Internes, and
Loved by her patients.

For three years she is all this and more. At the end of three years she is a young woman, reluctantly leaving the Residence and her many friends, with baggage in hand and a heavy heart. But these years will never be forgotten –

The understanding instructors, the brave and not-so-brave patients.
The parties and tête-a-têtes in the rooms after Evenings, and
Her first Christmas Card from a grateful patient.

And as she remembers, she is grateful to all those who made it possible for her,
at last, to become a NURSE.

–D.A. Buys.



Compliments of

WILSON STATIONERY COMPANY LIMITED
222 McDermot Avenue
Winnipeg, Manitoba

KAY'S LIMITED
Wholesale Dry Goods and Clothing
Winnipeg 2, Manitoba

TO BE A NURSE, OR NOT

A girl stood at life's crossroads
To contemplate the lot
Which might befall her, should she choose
To be a nurse, or not.

Advisors, there were many
To spur her on her way,
And still the final choice was hers
The choice she made that day.

Three years have come and gone now
With memories richly fraught,
Since the day she first considered
To be a nurse, or not.

Joy and sorrow, times good and bad,
Erase them, nothing can,
For somewhere in their midst she learned
To love her fellowman.

And so the years have brought forth,
The answer which she sought
When long ago she pondered,
To be a nurse, or not.

A. Tkachuk – 63B

LAST THOUGHTS

I finish my training tomorrow
And tonight I feel within,
A mixture of laughter and sadness,
I scarce know how to begin.

Three years I worked and I waited
For the day I would be on my own,
And now as I stand on the threshold,
I feel so small and alone.

I think of dear friends and classmates
With whom I shared sorrow and fun,
Instructors, patients and doctors,
Will they set with the evening sun?

So before I leave you tomorrow
Let me add one more parting line
In your hearts keep a tiny remembrance
Of our class in the sands of time.

Compliments of

A & A FROZEN FOODS COMPANY LIMITED
128 Adelaide Street
Winnipeg, Manitoba

H.L. MacKINNON COMPANY LIMITED
Melrose Tea and Coffee
Winnipeg, Canada

Remember When

E. Snodgrass – fainted on the Thorlakson gastrectomy.

Dr. Bloom was known as Dr. Flower.

A. Tkachuk – lost her apron in the cafeteria.

L. Judd – chased the dogs out of seclusion before settling at Psycho.

S. Lundstrom's – weekly battle with the Bendix.

B. Logan – took her fragrant "bag of Problems" to the Head Nurse.

S. Redisky – almost admitted her brother to Psycho.

D. Milne – reported that a patient (deaf and dumb) had been "very sarcastic."

L. Scott – was reminded to wear long stockings outside.

M. Kozlowski – asked a visitor if she had had a B.M. today.

M. Kort – splashed formalin in her eyes.

We took the bus to Matlock.

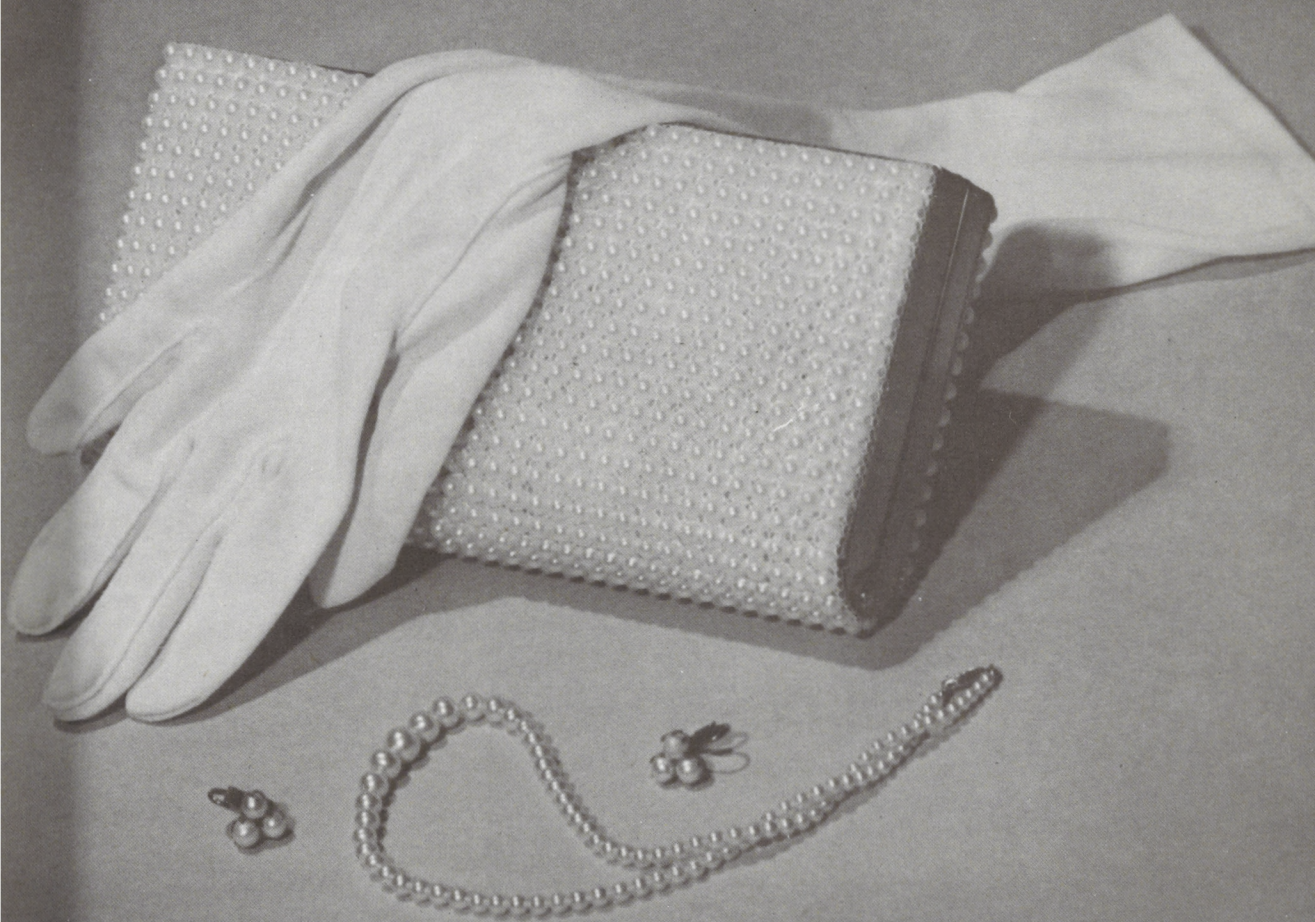
G. Orchard – asked a doctor to lift a patient out of bed.

The "CROCUS ROOM" opened.

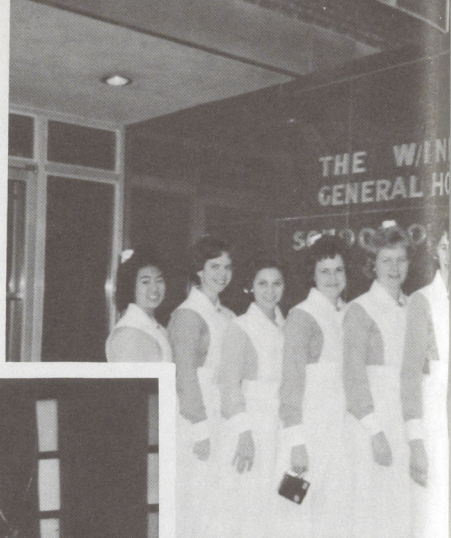
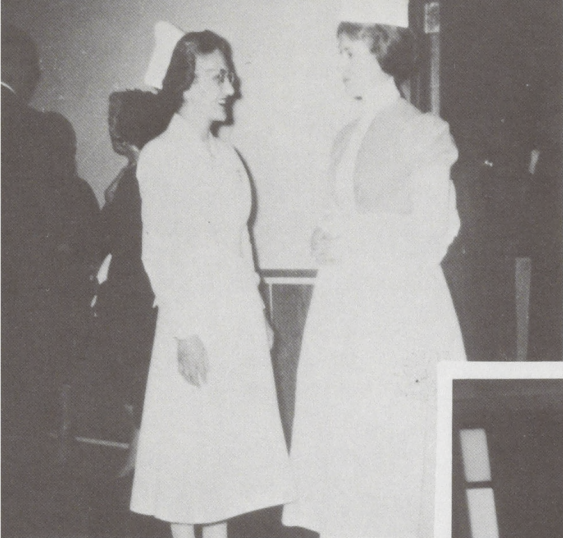
Compliments of

ROY'S FLORISTS
710 Notre Dame Avenue
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DAVIDSON STUDIO
106 Osborne Street
Winnipeg, Manitoba



Social



Tea



Time



Yearbook Tea

Our annual Yearbook Tea was held November 24th from 2 – 5 p.m. Despite a Blue Bomber final the turnout of loyal guests was overwhelming.

Misses Cameron, Dick, Hamilton and Simo with Yearbook staff members greeted our guests. Tea and dainties were served by students.

The auditorium was decorated along the Christmas theme with a larger-than-life-size Santa Claus on the stage and highlighted by a white cellophane Christmas tree on the tea table.

The dolls in W.G.H. student uniform were made by students and as usual were a great attraction. Hard work and imagination produced a variety of handiwork which proved most popular. The Raffle, Parcel Post, Homecooking, Candy and Plants all went extremely well.

A heartfelt thanks must go to parents, relatives, friends, dietary department, electrician, carpenter and especially Mrs. Price and Mrs. Gunn and her staff. Without the kind contributions, support and enthusiasm of many outside the student body, our Tea could never be attempted.

With much delegating, pep talking and mostly hard work this Tea turned out to be one of the most successful ever. We wish you success for next year.

Sincerely,

Martha Badger,
Yearbook Tea Convenor

Compliments of

**BAXTER LABORATORIES OF
CANADA LIMITED**
Alliston, Ontario

ORCHID FLORISTS
310 Donald Street
Winnipeg, Manitoba



N.C.F.

FRONT ROW, Left to Right: R. Penner, E. Snodgrass, P. Brown.
BACK ROW: E. Peterson, P. Dyer, V. Wellock, C. Townsend, L. Turn.

Our Brown Bean Bake for the Preclinical Students put "Nurses Christian Fellowship" into the swing of things for '63. Approximately sixty students heartily participated in a few lively games followed by an informal sing-song around the campfire.

As a chapter of the Inter-Varsity Christian Fellowship, we take an active part in many functions with the university and medical students. Each month we meet for a "Fireside" to which a special guest speaker is invited. Following this everyone enjoys refreshments and a time of getting acquainted. A few of the N.C.F. girls accompanied by I.V.C.F. members travelled to Banff for the Christmas week. This trip was planned to provide an opportunity for students from different countries and of different races to meet and enjoy a time of informal fellowship together.

Each year along with nurses from all the different hospitals we look forward with keen anticipation to our camp-life when we can relax and enjoy Bible study, companionship, sunbathing, outdoor activity and wonderful food. Every weekend at Star Lake Camp in the Fall and Pioneer Camp in the Spring gives us a real "lift" for the year.

Representing different Church backgrounds, we find it most helpful in our life as a student nurse to look to God's word. A varied program of Bible study, discussion, slides and guest speakers proves very stimulating to those who are interested. We would extend a warm invitation to have you with us.

E. SNODGRASS

"One by one thy duties wait thee
Let thy whole strength go to each
Let no future dreams elate thee
Learn thou first what these can teach."

Compliments of

DOMTAR PACKAGING LIMITED

Bell-Kilgour Division
181 Bannatyne Avenue
Winnipeg, Manitoba

DOMINION ELECTRIC COMPANY LIMITED

Wholesale Electrical Supplies
87 Princess Street
Winnipeg, Manitoba



Get me to the Church on time!



Sardines.



Chocolate cake



Bathing Beauty.



Hallowe'en Party.

Res.



No more than 12 PLEASE!

Life



Freckles.



Just rinsing out a few things.



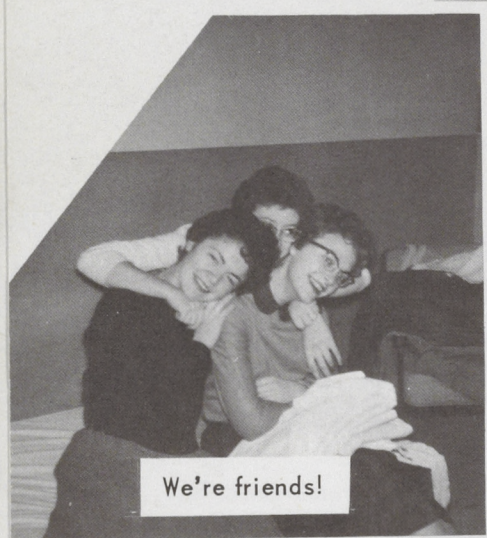
aahhhh!



"Daylight come an'
I wanna go home."



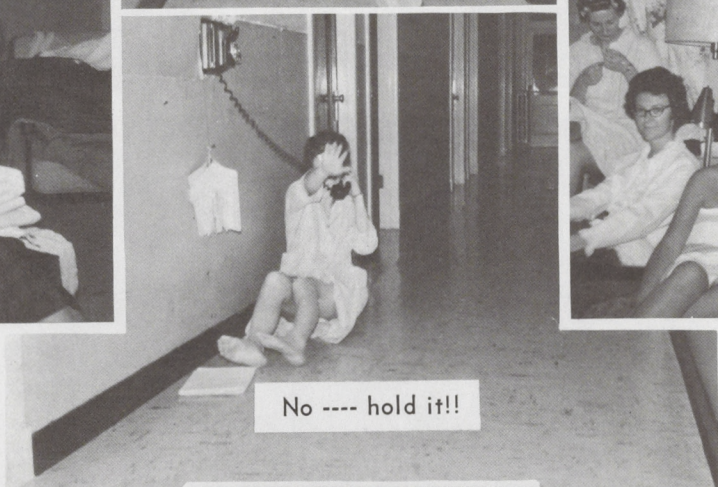
Is everybody here?



We're friends!



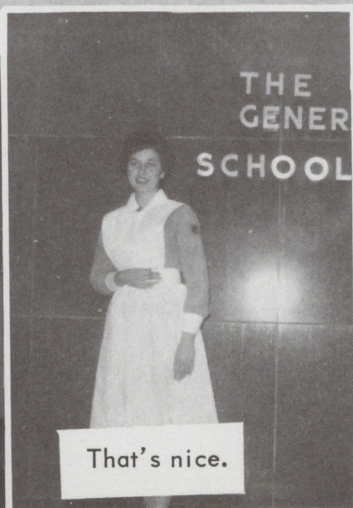
Sexy?



No ---- hold it!!



Miss Winnipeg 1975



That's nice.



I dreamed I played
Bongos ----



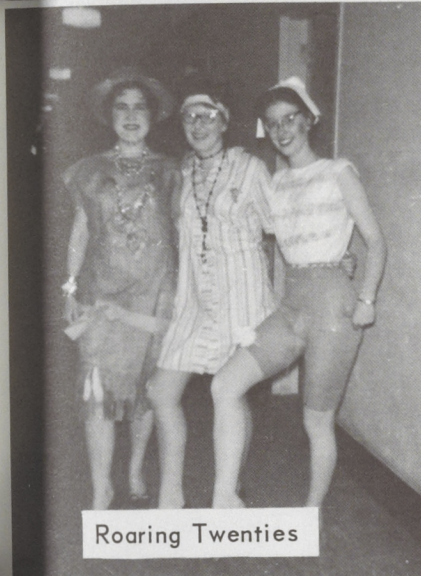
Now I'm a nun



Good Joke



Off to the beach.



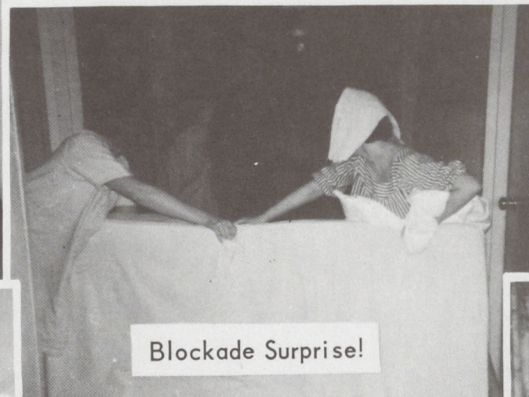
Roaring Twenties



Surprise



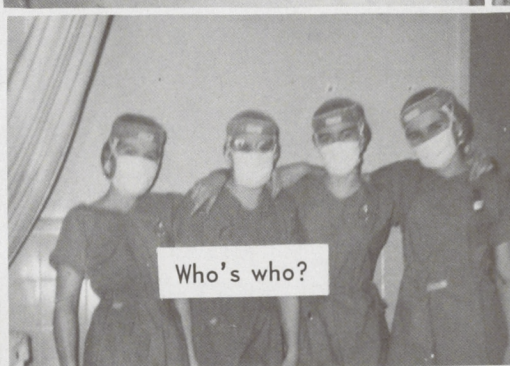
Set her over here.



Blockade Surprise!



Twisting



Who's who?



Moving day.



Let's go.



We're ready



Costumes?



O.P.D., Mass Meeting style.



Soup's on!



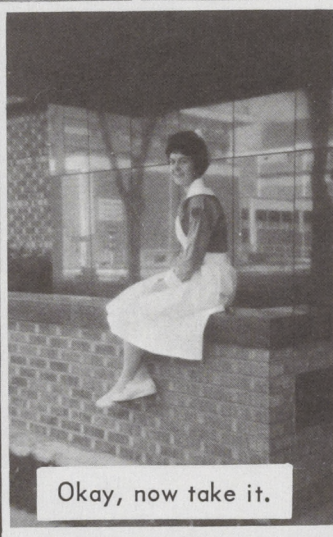
Ouch!



The old cafeteria.



In somebody's room



Okay, now take it.



Oh really!



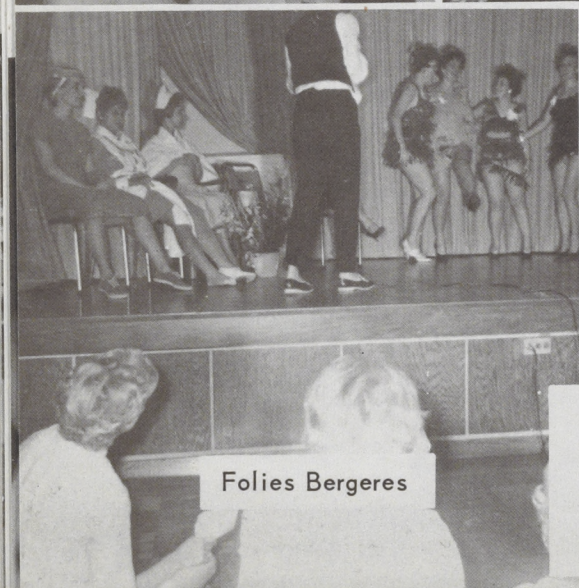
Big sisters?



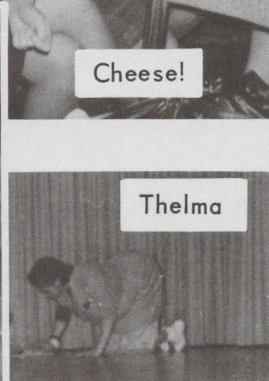
Cheese!



Then I said

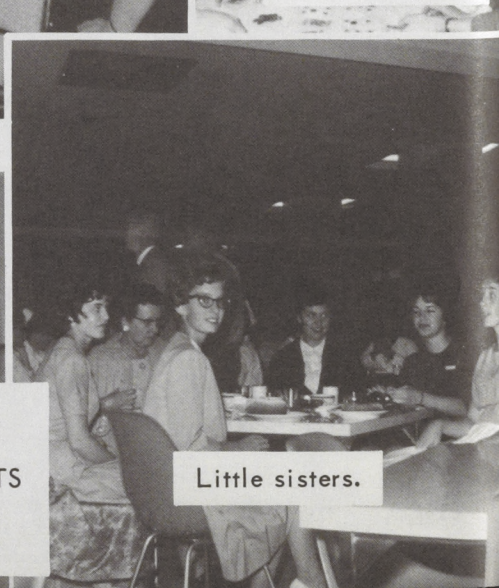


Folies Bergeres

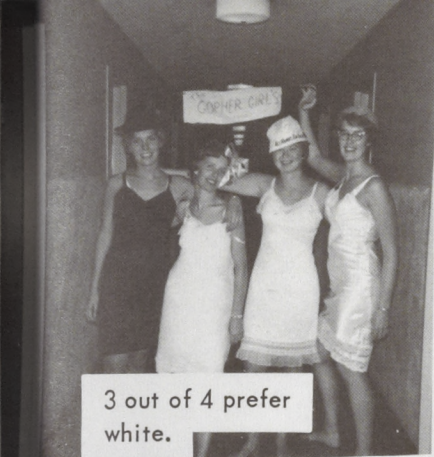


Thelma

Compliments of
DALZELL AND POTTS
44 Princess Street
Winnipeg, Manitoba.



Little sisters.



3 out of 4 prefer white.



Dahling!



Where's the party



Remember!



Cover up.



Like the feather?



Legs!



Our instructresses.



Cuffing.



Another party.



End of a heavy day.



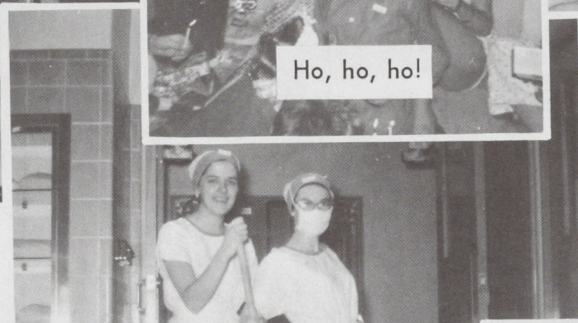
Smile everyone.



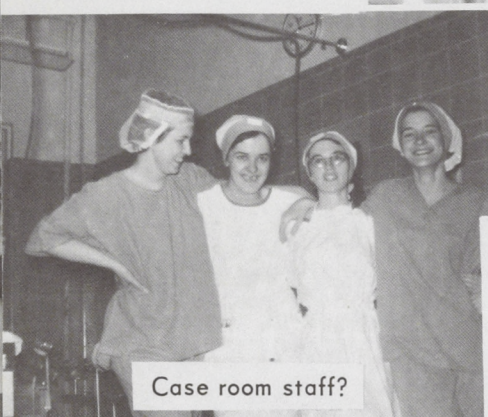
Ho, ho, ho!



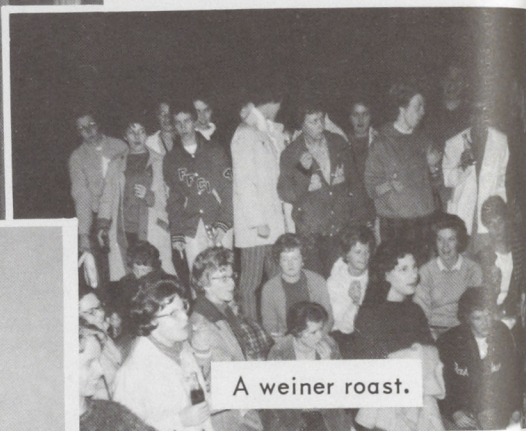
Axilla temp.



End of case!



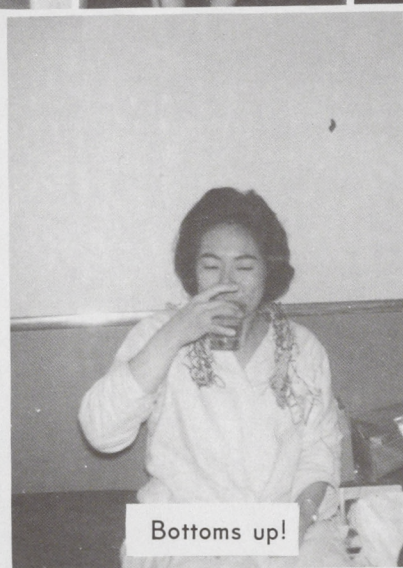
Case room staff?



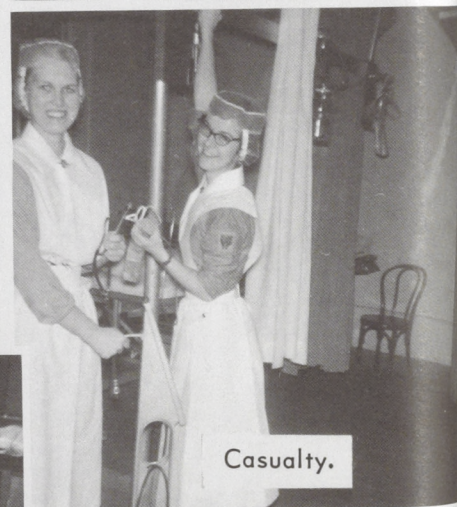
A weiner roast.



Who's not looking



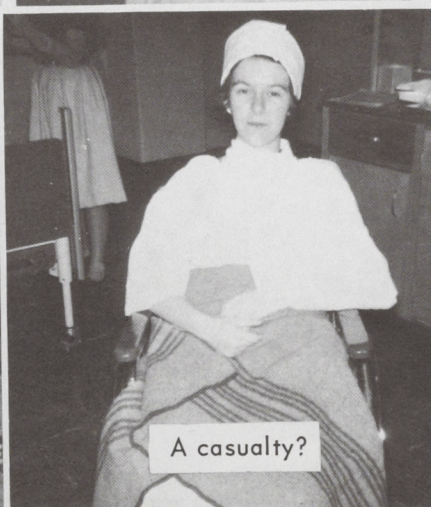
Bottoms up!



Casualty.



Hi!



A casualty?



Irish washerwomen.



Come on in!



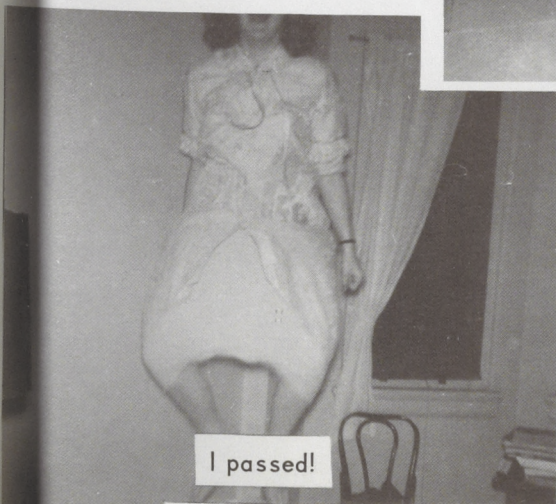
Sat. night in res.



Wonder what she told him?



Clean up time.



I passed!



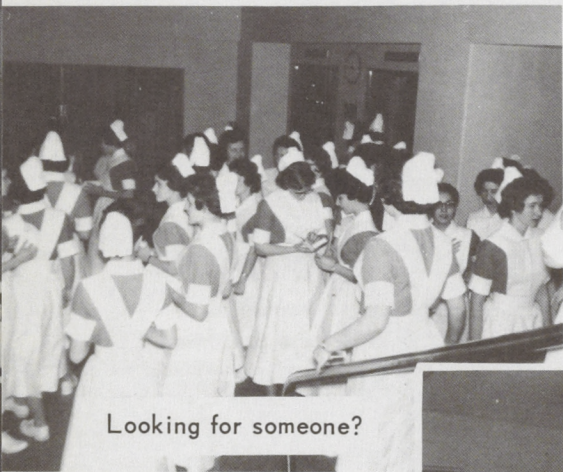
Wheeee!!



But what if
someone sees us?



Nice!



Looking for someone?



Gently now!



Easy does it!

Remember



Just starting.

When



It's beautiful!



We're Seniors!!!

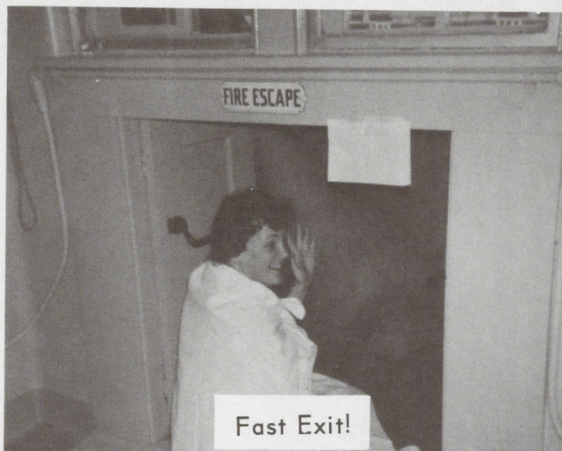
Compliments of:
THE CANADIAN NATIONAL INSTITUTE FOR THE BLIND, 1031 Portage Avenue, Winnipeg, Manitoba
CANADA DRY LIMITED, Larsen at Golspie, Winnipeg, Manitoba



A card game.



Another scrub!



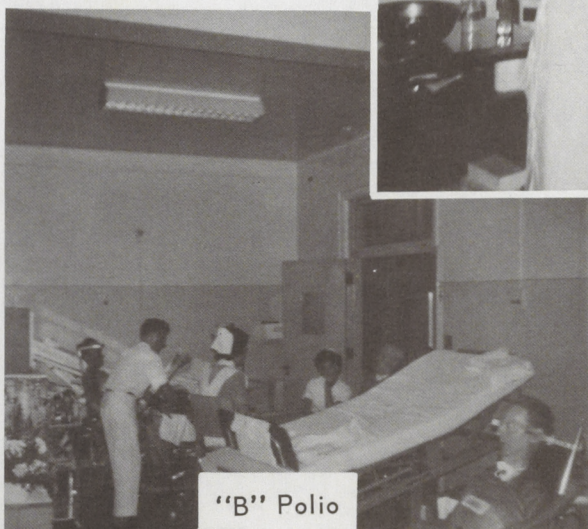
Fast Exit!

K
i
n
g

G
e
o
r
g
e



Mr. J.



"B" Polio



I'm dizzy!



Look at the camera!



Poor baby.



Smile everyone!

G.



Charting.

H.



Don't spill!



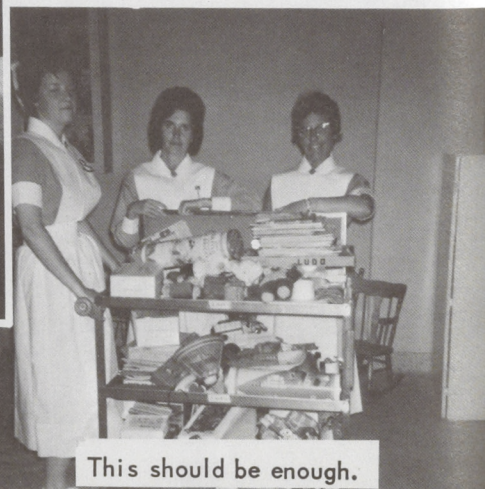
Feeding time again!



Two each.



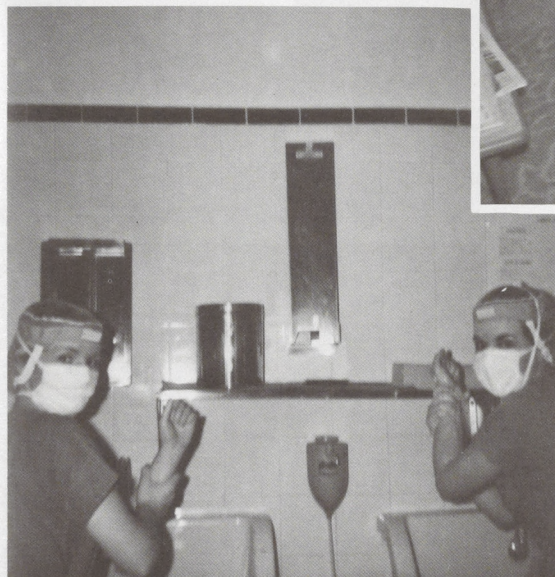
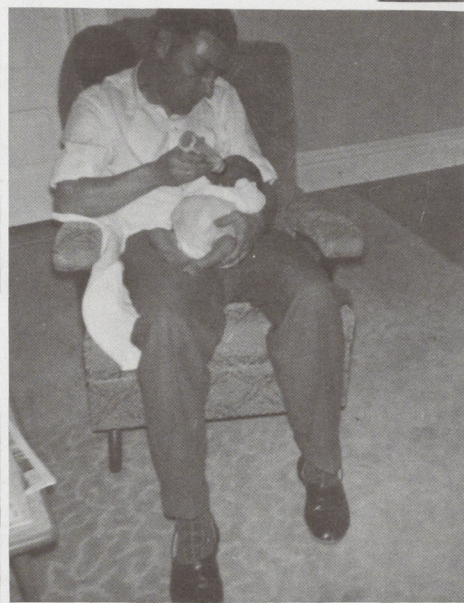
Mummy's coming soon.



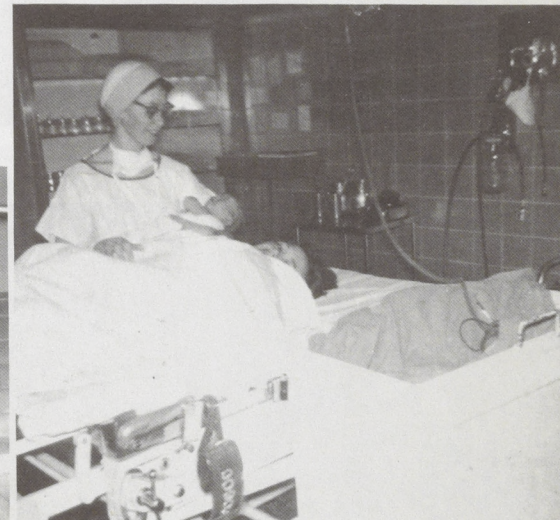
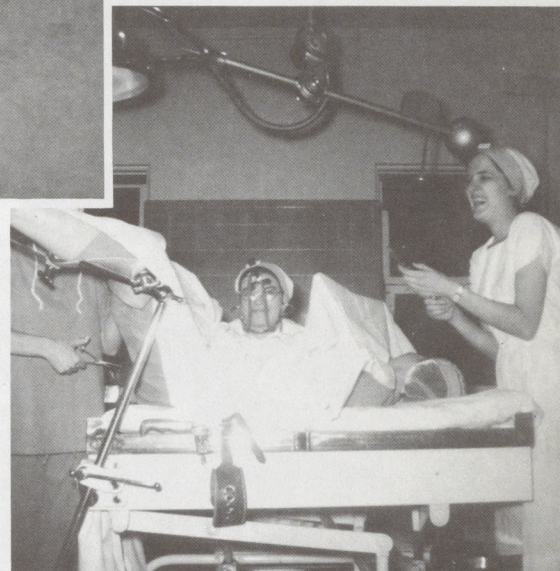
This should be enough.



Psychology



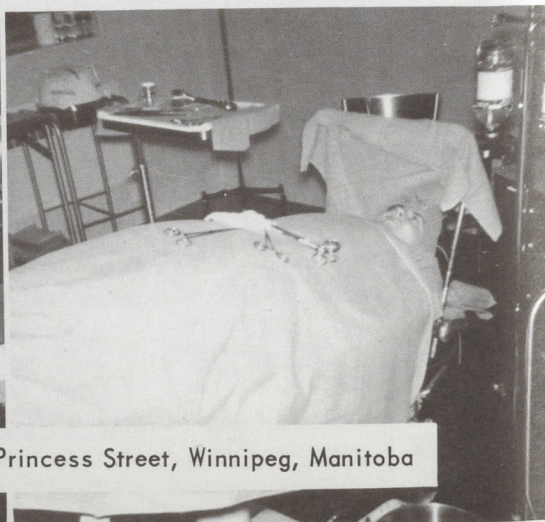
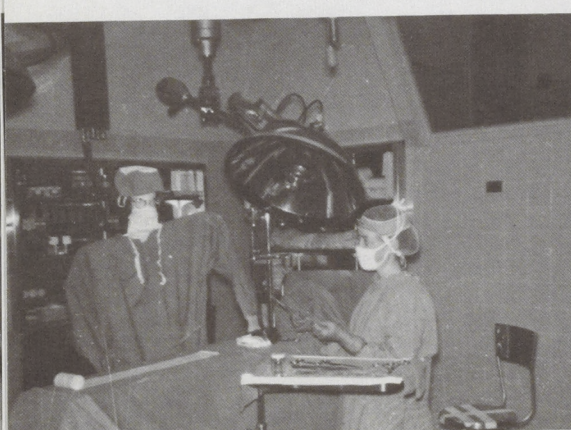
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